

Hard Livin'

COPPER KNOB
STEPSHETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Becky Campbell - January 2020
音乐: Hard Livin' - Chris Stapleton



Slide Forward Left And Right

1 2 3 4 Forward left, right, left, touch right
5 6 7 8 Forward right, left, right, touch left

Back Touches X 4

1 2 3 4 Back left, touch right, back right, touch left
5 6 7 8 Back left, touch right, back right, touch left

Mambo Left, Right, Forward, Back

1&2 Rock side left, rock side right, left next to right
3&4 Rock side right, rock side left, right next to left
5&6 Rock forward left, recover right, left next to right
7&8 Rock back right, recover left, right next to left

Left, Behind Side Shuffle, Right Behind Side Shuffle

1 2 Side left, right behind left
3&4 Side shuffle left, right, left
5 6 Side right, left behind right
7&8 Side shuffle right, left, right

Walk Forward And Back

1 2 3 4 Forward left, right, left, kick right
5 6 7 8 Back right, left, right, stomp left

Pivot turn 1/8 right 2X, Hip Sways

1 2 Stomp left, pivot right 1/8 turn, weight on right
3 4 Stomp left, pivot right 1/8 turn weight on right
5 6 7 8 Sway hips left, left. right, right

Begin Again:

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