

# Hard Livin'

**COPPER** KNOB  
BY STEPHENETS

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Becky Campbell - January 2020  
音乐: Hard Livin' - Chris Stapleton



## Slide Forward Left And Right

1 2 3 4                      Forward left, right, left, touch right  
5 6 7 8                      Forward right, left, right, touch left

## Back Touches X 4

1 2 3 4                      Back left, touch right, back right, touch left  
5 6 7 8                      Back left, touch right, back right, touch left

## Mambo Left, Right, Forward, Back

1&2                      Rock side left, rock side right, left next to right  
3&4                      Rock side right, rock side left, right next to left  
5&6                      Rock forward left, recover right, left next to right  
7&8                      Rock back right, recover left, right next to left

## Left, Behind Side Shuffle, Right Behind Side Shuffle

1 2                      Side left, right behind left  
3&4                      Side shuffle left, right, left  
5 6                      Side right, left behind right  
7&8                      Side shuffle right, left, right

## Walk Forward And Back

1 2 3 4                      Forward left, right, left, kick right  
5 6 7 8                      Back right, left, right, stomp left

## Pivot turn 1/8 right 2X, Hip Sways

1 2                      Stomp left, pivot right 1/8 turn, weight on right  
3 4                      Stomp left, pivot right 1/8 turn weight on right  
5 6 7 8                      Sway hips left, left. right, right

**Begin Again:**

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