Hey Cowgirl

拍数: 32   **墙数:** 4   **级数:** Beginner

编舞者: Jan Brookfield (UK) - January 2020

音乐: Hey Cowgirl - Randall King

Note: To keep the dance easy, a decision was made to avoid possible restarts as it works fine without. Music slows down slightly near the end, but just keep on dancing!

Start dance on vocals.

Section 1 : SIDE, CLOSE; SIDE, CLOSE, FORWARD; SIDE, CLOSE; SIDE, CLOSE, BACK

| 1,2,3&4 | Step R to right side, close L to R; step R to right side, close L to R, step R forward |
| 5,6,7&8 | Step L to left side, close R to L; step L to left side, close R to L, step L back |

Section 2 : ROCK BACK, RECOVER, 1/2 TURN SHUFFLE; ROCK BACK, RECOVER, SHUFFLE FORWARD

| 9,10,11&12 | Rock R back, recover onto L; half turn shuffle over left shoulder stepping R,L,R |
| 13,14,15&16 | Rock L back, recover onto R; shuffle forward on L,R,L (facing 6 o'clock) |

Section 3 : STEP FORWARD, TAP, SHUFFLE BACK; STEP BACK, TAP, SHUFFLE FORWARD

| 17,18,19&20 | Step R forward, tap L just behind R; shuffle back on L,R,L |
| 21,22,23&24 | Step R back, tap L just in front of R; shuffle forward on L,R,L |

Section 4 : SWAY x 2, CHASSE ¼ RIGHT; SHUFFLE ½ TURN RIGHT, ROCK BACK, RECOVER

25,26	Step R to right side swaying hip to right, recover weight onto L swaying hip to left
27&28	Chasse quarter turn right : Step R to side, close L to R, step R forward (9 o'clock)
29&30	Shuffle half turn right over right shoulder on L,R,L (3 o'clock)
31,32	Rock R back, recover weight onto L

KEEP IT GOING!

Last Update - 24 Jan. 2020