

Rare

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2020
音乐: Rare - Selena Gomez



VERY QUICK INTRO (1.5 secs)drum roll and GO! Start on word "Baby" – 3mins 41 secs – 115bpm : Amazon

In memory of a 'rare' individual, Robbie McGowan Hickie, who has had people dancing to his dances over the course of many years. Gone but never forgotten.

[1.8] R side, hold, L ball step side, hold, L together, R side rock/recover, weave ½ L

1-2& Step R side, hold, step L together
3-4& Step R side, hold, step L together
5-6 Rock R side, recover weight on L
7&8 Cross step R behind L, turning ¼ left step L forward, turning ¼ L step R to right side (6 o'clock)

[9-16] L cross over, hold, R side, L cross behind, hold, ¼ R, L fwd, ½ R pivot turn, L fwd shuffle

1-2& Cross step L over R, hold, step R side (turning body slightly to left)
3-4& Cross step L behind R, hold, turning ¼ right step R forward (9 o'clock)
5-6 Step L forward, pivot ½ right (3 o'clock)
7&8 Step L forward, step R together, step L forward

[17-24] R cross fwd, L point, L fwd rock/recover, L ball step back, L back rock/recover, L fwd

1-4 Cross step R forward, point L side, rock L forward, recover weight on R
&5-8 Step L back, step R back, rock L back, recover weight on R, step L forward

[25-32] R fwd, ½ L pivot turn, ½ L shuffle back, L touch back, ½ L turn, R fwd, ¼ left pivot turn

1-2 Step R forward, pivot ½ left (9 o'clock)
3&4 Turning ½ left step R back, step L together, step right back (3 o'clock)
5-6 Touch L toes back, turning ½ left step L down (9 o'clock)
7-8 Step R forward, pivot ¼ left (6 o'clock)

[33-40] R cross fwd, L point, L samba, R cross fwd, L point, L fwd mambo

1-2 Cross step R forward, point L side
3&4 Cross step L over R, rock R side, recover weight on L
5-6 Cross step R forward, point L side
7&8 Rock L forward, recover weight on R, step L together

[41-48] R rock back/recover, turning ½ L shuffle back R/L/R, L rock back/recover, turning ¼ R chassé left

1-2 Rock R back, recover weight on L
3&4 Turning ½ left step R back, step L together, step right back (12 o'clock)
5-6 Rock L back, recover weight on R
7&8 Turning ¼ right step L side, step R together, step L side (3 o'clock)

[49-56] R rock back/recover, turning ½ L shuffle back R/L/R, L back rock/recover, L fwd kick ball step

1-2 Rock R back, recover weight on L
3&4 Turning ½ left step R back, step L together, step R back (9 o'clock)
5-6 Rock L back, recover weight on R
7&8 Kick L forward, step L forward, step R forward

[57-64] L fwd rock/recover, L coaster, R fwd, ½ L pivot turn, R fwd, L fwd

1-2 Rock L forward, recover weight on R
3&4 Step L back, step R together, step L forward

Turning option: full turn left on the spot

5-6 Step R forward, pivot ½ left (3 o'clock)

7-8 Step R forward, step L forward

Turning option: turning ½ left step R back, turning ½ left step L forward

Tel: 01462 735778 Email: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk
