

Breakup.. It Hurts

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver / Intermediate
编舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - January 2020
音乐: Breakup.. It Hurts (이별.. 아프다) - Seong Da Bin (성다빈)



Intro: 16 Counts No Tags & Restarts~!

S1: Side, Rock Behind/Recover, Side, 1/4L Jazz Box, 1/4L Side, Behind, Side, Rock Cross/Recover, Side

- 1-2& Long step L to left side (1), Cross R behind L (2), Recover on L (&).
3&4& Step R to right side (3), Cross L over R (&), 1/4turn L stepping R back (4) (9:00), Step L to left side (&).
5-6& 1/4turn L long stepping R to right side (5) (6:00), Cross L behind R (6), Step R to right side (&).
7-8& Rock cross L over R (7), Recover on R (8), Step L to left side (&).

S2: Cross/Recover, 1/4Turn R Forward, Forward with Sweep, Lock Step, Forward Mambo, Scissor Cross, Side

- 1-2& Rock cross R over L (1), Recover on L (2), 1/4turn R stepping R forward (&) (9:00).
3-4&5 Step L forward with sweeping R from back to front (3), Step R forward (4), Step L behind R (&), Step R forward (5).
&6& Rock R forward (&), Recover on R (6), Step L back (&).
7&8& Step R to right side (7), Step L slightly back (&), Cross R over L (8), Step L to left side (&).

S3: Lunge R, 1/4Turn L Forward, Full Turn L, Forward, Rock Forward/Recover, Back (L-R), Coaster Cross

- 1-2 Step R to right side bend in R knee turning upper-body slightly right (1), 1/4 turn L stepping L forward (2) (6:00).
3&4 1/2Turn L stepping R back (3) (12:00), 1/2Turn L stepping L forward (&) (6:00), Step R forward (4).
5&6& Rock L forward (5), Recover on R (&), Step L Back (6), Step R Back (&).
7&8 Step L Back (7), Step R beside L (&), Cross L over R (8).

S4: Sway (R-L-R), Ball Together, Cross, Side, Behind, Sweep, Behind, Side, Cross, Hitch, Side, Rock Behind/Recover

- 1&2& Step R to right side with hip sway R (1), Sway L (&), Sway R (2), Ball step L beside R (&).
3&4& Cross R over L (3), Step L to left side (&), Cross R behind L (4), Sweep L from front to back (&).
5&6& Cross L behind R (5), Step R to right side (&), Cross L over R (6), hitch R Knee (&).
7-8& Long step R to right side (7), Cross L behind R (8), Recover on R (&).

Enjoy Dancing Always ~!

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