

A Little Night Club

COPPER KNOB
BY STEPHEN

拍数: 16 墙数: 0 级数: Absolute Beginner NC2S
编舞者: Sarah Preston Britto (USA) - January 2020
音乐: Unknown (To You) - Jacob Banks



To introduce my beginner dancers to the NC2 Rhythm and provide a floor split for some of our favorite intermediate dances.

Suggested Music: Any Night Club 2 Step

Unknown - Jacob Banks

Just Like Jesse James – Cher

Strip It Down – Luke Bryan

Cowboys & Kisses – Anastacia

Tell Your Heart to Beat Again – Danny Gokey

Night Club Basic, 3 walks, rock, recover, turn ¼ to left

1-2& Step right foot to right, step left foot behind right foot, step right foot across left foot

3-4& Step left foot to left, step right foot behind left foot, step left foot across right foot

5, 6, 7 Walk forward right, left, right

8 & 1 rock forward onto left foot, recover to right making 1/4 turn to left, step forward on left

Cross Rock Left and right, Sway right, sway left, step right, cross left over

2 & 3 Cross right over left, replace weight to left, step side right

4 & 5 Cross leftover right, replace weight to right, step side left

6, 7 Sway right, sway left

8& Step right foot to right, Cross left foot over right