

I'm From the Country

COPPER KNOB
BY YVONNE SMEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Yvonne Smeets (NL) & Daan Geelen (NL) - January 2020
音乐: I'm from the Country - Tracy Byrd



(Tribute to Bob de Jong – 25 years Western Experience)

Intro: Start on vocals

Section 1 Side Rock, Cross Shuffle, Side Rock, Behind Side Cross;

12 Rock RF to R side (1), Recover weight on LF (2)
3&4 Cross RF over LF (3), Step LF to L side (&), Cross RF over LF (4)
56 Rock LF to L side (5), Recover weight on RF (6)
7&8 Cross LF behind RF (7), Step RF to R side (&), Cross LF over RF (8) (12:00)

Section 2 Pivot ½ Turn Left, Triple ½ Turn Left, Sailor Cross, Slide Right Close;

12 Step fwd. on RF (1), Pivot ½ turn L (2)
3&4 Step RF ¼ turn to R side (3), Close LF next to RF (&), Step RF ¼ turn backwards (4) (12:00)
5&6 Cross LF behind RF (5), Close RF next to LF (&), Cross LF over RF (6)
78 RF slide to the right (7), Slide LF next to RF and close LF to RF (8) (12:00)

Section 3 Dorothy Steps, 2x Paddle 1/8 Turn Left;

12& Step RF fwd. to R diagonal (1), Lock LF behind RF (2), Step RF fwd. to R diagonal (&)
34& Step LF fwd. to L diagonal (3), Lock RF behind LF (4), Step LF fwd. to L diagonal (&)
56 Step RF fwd. (5), paddle 1/8 turn L (6)
78 Step RF fwd. (7), paddle 1/8 turn L (8) (09:00)

Section 4 Rock Forward, Triple 1, 1/4 Turn Right, Cross Rock, Slide Left;

12 Rock RF fwd. (1), Recover weight on LF (2)
3&4 RF ½ turn R fwd. (3), Step LF ½ turn R backwards (&), Step RF ¼ turn to R side (4) (12:00)
56 Rock LF across RF (5), Recover weight on RF (6)
78 LF slide to the left (7), Slide RF next to LF (8) (12:00)

Section 5 Heel Jack, Cross Touch, Heel Grind, Rock Back:

1&2 Cross RF over LF (1), Step LF to L side (&), Touch R heel diagonal to R (2)
&34 Close RF next to LF (&), Cross LF over RF (3), Touch RF to R side (4)
56 Dig R heel from left diagonal to R diagonal (5), step back on LF (6)
78 Rock RF back (7), Recover weight on LF (8)

(* Tag: 8 counts wall 7)

Section 6 Stomp Diagonal Forward, Arm Movement Upwards, 3x Heel Bounce 3/8 Turn, heel bounce spread arms:

1234 Stomp RF diagonal fwd. to the right (1), Hold – Stretch out arms and move them diagonal upwards (2,3,4)
5678 Feet lift and drop heels 3x 1/8 turn L (5,6,7), Bounce in place and spread arms (8) (9:00)

*Tag: 8 counts after count 39 wall 7:

1234 Stomp RF diagonal fwd. to the right (1), Hold – Stretch out arms and move them diagonal upwards (2,3,4) (6:00)
5678 Stomp LF diagonal fwd. to the left (5), Hold - Stretch out arms and move them diagonal upwards (6,7,8)

Start again! ENJOY!!

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