

I Feel Safe

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Kevin Stouthandel (NL) - January 2020
音乐: In Your Arms - ChefSpecial



Intro: 32 counts from the first beat (app. 21 sec. into track)

Information: 3 tags (1st, 4th, 8th wall) and 1 restart (7th wall)

[1 – 8] Walk R, L, Shuffle Fwd R, Pivot ½ turn R, Shuffle Fwd L

1-2 Step forward R (1), Step forward L (2)
3&4 Step forward R (3), Step L next to R (&), Step forward R (4)
5-6 Step forward L (5), ½ turn right, weight ends on R foot (6)
7&8 Step forward L (7), Step R next to L (&), Step forward L (8)

[9 – 16] Shuffle ½ turn L 2x, Mambo step Fwd R, Coasterstep L

1&2 ¼ turn L stepping R to the R side (1), Step L next to R (&), ¼ turn L stepping R back (2)
3&4 ¼ turn L stepping L to the L side (3), Step R next to L (&), ¼ turn R stepping L forward (4)
5&6 Step forward R (5), Recover weight on L (&), Step R back (6)
7&8 Step back L (7), Step R next to L (&), Step forward L (8)

[17 – 24] Step Fwd R, Sway R, L, Shuffle Fwd R, Pivot ¼ turn R, Cross shuffle L

1-2 Step forward R swaying hip R forward (1), Recover weight on L swaying hip L back (2) (body is slightly turn in L diagonal on the sways)
3&4 Step forward R (3), Step L next to R (&), Step forward R (4)
5-6 Step forward L (5), ¼ turn R, weight ends on R (6)
7&8 Cross L over R (7), Step R to R side (&), Cross L over R (8)

[25 – 32] Syncopated Side Rocks R, L, Behind L, Side R, Cross R, Side Rock R

1-2& Step R to R side (1), Recover weight on L (2), Step R next to L (&)
3-4 Step L to L side (3), Recover weight on R (4)
5&6 Cross L behind R (5), Step R to R side (&), Cross L over R (6)
7-8 Step R to R side (7), Recover weight on L (8)

Start again

Tag: After the 1st, 4th and 8th wall: Repeat counts 25-32

Restart: In the 7th wall: Restart dance at 12 counts

Ending: When finishing the 9th wall, end by Crossing R over L and turning ½ turn L slowly. End facing the front wall

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