

# En La Cama

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Novice  
编舞者: Joran van der Noll (NL) - January 2020  
音乐: En La Cama (feat. Daddy Yankee) - Nicky Jam



## Chasse touch 2x, ½ paddle 4x turn R.

1            Rf step to side  
&            Lf close to Rf  
2            Rf step to side  
&            Lf touch next Rf  
3            LF step to side  
&            Rf close to Lf  
4            Lf step to side  
&            Rf touch next Lf  
5            Rf paddle 1/8 turn R  
6            Rf paddle 1/8 turn R  
7            Rf paddle 1/8 turn R  
8            Rf paddle 1/8 turn R

## Chasse touch 2x, ½ paddle 4x turn R.

1            Rf step to side  
&            Lf close to Rf  
2            Rf step to side  
&            Lf touch next Rf  
3            LF step to side  
&            Rf close to Lf  
4            Lf step to side  
&            Rf touch next Lf  
5            Rf paddle 1/8 turn R  
6            Rf paddle 1/8 turn R  
7            Rf paddle 1/8 turn R  
8            Rf paddle 1/8 turn R

## Sailor step 2x, traveling touches fwd 4x.

1            Rf step behind Lf  
&            Lf step left  
2            Rf step right  
3            Lf step behind Rf  
&            Rf step right  
4            Lf step left  
&            Rf touch fwd  
5            Rf step slightly back  
&            Lf touch fwd  
6            Lf step slightly back  
&            Rf touch fwd  
7            Rf step slightly back  
&            Lf touch fwd  
8            Lf step slightly back

## Out-out in-in 2x, side close side kick, ¼ step close step fwd.

1            Rf step diagonal fwd

& Lf step diagonal fwd  
2 Rf step back  
& Lf step back  
3 Rf step diagonal fwd  
& Lf step diagonal fwd  
4 Rf step back  
& Lf step back  
5 Rf step to side  
& Lf close to Rf  
6 Rf step to side  
& Lf kick diagonal to left  
7 Lf ¼ step left  
& Rf step next Lf  
8 Lf step fwd

**Options : Do the dance with your knees bent and swivel your feet and use your hips.**

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