

Watching The Wheels

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Ken Fowkes (USA) - January 2020
音乐: Watching the Wheels - John Lennon



Intro: 16 counts (12 sec. into track), Weight on L

[1 – 8] Step Forward, Brush, Samba Step, ½ Right Diamond Turn

- 1-2 Step R forward, slightly crossing L (1), Brush/kick L toward 1:00 (2) 12:00
3&4 Cross L over R (3), Step R to side (&), Step L to side & slightly backward (4) 12:00
5&6 Cross R over L (5), Step L to side turning 1/8 right (&), Step R backward turning 1/8 right & sweeping L (6) 3:00
7&8 Cross L behind R (7), Step R to side turning 1/8 right (&), Step L forward turning 1/8 right & sweeping R (8) 6:00

[9 – 16] ½ Right Diamond Turn, Syncopated ½ Right Turn, Samba Step w/Brush

- 1&2 Cross R over L (1), Step L to side turning 1/8 right (&), Step R backward turning 1/8 right & sweeping L (2) 9:00
3&4 Cross L behind R (3), Step R to side turning 1/8 right (&), Step L forward turning 1/8 right & sweeping R (4) 12:00
5&6& Cross R over L, bending R knee slightly to prepare for right turn (5), Step ball of L next to R, kicking R out low & spinning around ½ right on ball of L (&), Hold with R raised slightly (6), Step R to side (&) 6:00
7&8& Cross L over R (7), Step R to side (&), Recover weight to L (8), Brush R across L (&) 6:00

[17- 24] Cross-Recover-Side, Cross, Recover-Side-Cross, Back, Side, Cross

- 1&2 Cross-rock R over L (1), Recover to L (&), Step R to side (2) 6:00
3,4& Cross-rock L over R (3), Recover to R (4), Step L to side (&) 6:00
5-8 Cross R over L (5), Step L backward (6), Step R next to L (7), Cross L over R & prepare to turn left (8) 6:00

[25 – 32] ¾ Left Turn (R-L-R), Recover to L, ¾ Right Turn (R-L-R), Cross w/Hitch-turn

- 1-2 Turn ¼ left stepping backward on R (1), Turn ¼ left stepping to left side on L (2) 12:00
3-4 Turn ¼ left rocking forward on R (3), Recover to L (4) 9:00
5-6 Turn ½ right stepping forward on R (5), Step forward on L (6) 3:00
7-8 Turn ¼ right recovering weight to R (7), Cross L over R, hitching R around to face 4:30 (8) 4:30

[33-40] Cross, Side, Cross, Side, Rocking Chair & Samba Step

- 1-2 Cross R over L turning torso back to 6:00 (1), Step L to side angling torso to 4:30 (2) 4:30
3-4 Cross R over L turning torso back to 6:00 (3), Step L to side angling torso back to 4:30 (4) 4:30
5&6& Rock R forward (5), Recover to L (&), Rock R backward (6), Recover to L (&) 4:30
7&8 Cross R over L (7), Step L to side turning 1/8 right (&), Step R to side (8) 6:00

[41-48] Cross, Side, Cross, Side, Rocking Chair & Samba Step

- 1-2 Cross L over R keeping torso facing 6:00 (1), Step R to side angling torso to 7:30 (2) 7:30
3-4 Cross L over R turning torso back to 6:00 (3), Step R to side angling torso back to 7:30 (4) 7:30
5&6& Rock L forward (5), Recover to R (&), Rock L backward (6), Recover to R (&) 7:30
7&8 Cross L over R (7), Step R to side turning 1/8 left to 6:00 (&), Step L to side (8) 6:00

Tag 1: At the end of wall 1 add 4 counts: Cross-rock, Recover, Side-rock, Recover

1-4 Cross-rock R over L (1), Recover to L (2), Rock R to side (3), Recover to L (4) 6:00

Tag 2: At the end of walls 2 & 4 add 6 counts: Cross-rock, Recover, Side-rock, Recover, Back-rock, Recover

1-4 Cross-rock R over L (1), Recover to L (2), Rock R to side (3), Recover to L (4) 12:00

5-6 Rock R backward (5), Recover to L 12:00

Ending: During the last two sections of wall 5 slow down to match the music. Hold on the (&) between 7&8 as Lennon sings "to", and continue on "let (8) it go (1)". On the last (8) turn ½ left onto L. On the final beat of "go-o-o-o-oh" shift weight to R & let it go. 8-) 12:00

Contact: KenFowkesDance@gmail.com

Last Update - 17 Feb. 2020
