

# No Woman No Cry

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Low Improver  
编舞者: Lars Kuif (NL) - January 2020  
音乐: No Woman No Cry (Soke Remix) - Bob Marley



Info: Starts after 40 counts

## [1 – 8] Right Grapevine Heel Jack, Paddle Turn R 3x, Step Fwd.

1 – 2&      Step R to side (1), step L behind R (2), step R to side (&) [12.00]  
3&4      Touch L heel fwd. (3), step L next to R (&), step R across L (4) [12.00]  
5 – 8      1/8 R + point L to side (5), repeat count 5 (6), 1/4 R + Point L to side (7), step L fwd. (8) [06.00]

## [9 – 16] Paddle Turn L 3x, Cross, Touch, Side, Heel-Toe-Heel

1 – 4      1/8 L + point R to side (1), repeat count 1 (2), 1/4 L + point R to side (3), step R across L (4) [12.00]  
5&6      Step L to side (5), touch R next to L (&), touch RF to side (6) [12.00]  
7&8      Swivel R heel in (7), swivel R toe in (&), swivel R heel in (8) [12.00]

## [17 – 24] Cross Rock, Side Rock, Cross Rock, Side, L Samba Cross, R Samba Cross Into 1/4 R

1&2&      Rock R across L (1), recover to L (&), rock R to side (2), recover to L (&) [12.00]  
3&4      Rock R across L (3), recover to L (&), step R to side (4) [12.00]  
5&6      Step L across R (5), rock R to side (&), recover to L (6) [12.00]  
7&8      Step R across L (7), rock L to side (&), 1/4 R recovering weight to RF [03.00]

## [25 – 32] L Mambo Step, R Shuffle Back, Coaster Cross, Kick-Ball-Cross

1&2      Rock L fwd. (1), recover to R (&), step L back (2) [03.00]  
3&4      Step R back (3), step L next to R (&), step R back (4) [03.00]  
5&6      Step L back (5), step R next to L (&), step L across R (6) [03.00]  
7&8      Kick R diag. fwd. (7), step R next to L (&), step L across R (8) [03.00]

Begin again!

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