

Radio

拍数: 80 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Selena Kallinich (DE) & Mary Bee Friedrich (DE) - December 2019
音乐: RADIO - Rammstein



Motion: Part A & C = ECS - Part B= Waltz- Rolling 8/ NC2S

Intro= 48 Count = you start with Part C 1, when the synthesizer is beginning to play...

*Start 12 h – 4x C 1/ A/ A 16 Counts/ Restart 9 h / A/A/2x C 1/A/A 16 Counts/Restart 6 h /4x A/2x B/C 2/4x A/C1

Section 1 2x Out- Out, In-In R/L, Kick Ball Step, Hold, Out-Out, In-In

Part C 1

- 1 & 2 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF
- 3 & 4 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF
- 5 & 6 & RF Kick fwd., LF ball step to left side, RF step on place, Hold
- 7 & 8 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF

Section 2 – 4 Repeat Part C 1

Section 5 Step-Lock-Step R/L, Rock back, Full Turn (Triple Turn)

Part A

- 1 & 2 RF step fwd., LF lock to RF, RF step fwd.
- 3 & 4 LF step fwd., RF lock to LF, LF step fwd.
- 5 - 6 RF rock fwd., LF weight back on L
- 7 & 8 RF turn ¼ to R over right shoulder, LF turn ½ to R over right shoulder, RF step ¼ turn R

Section 6 Cross, Side, Sailor Step, 2x Crossing Kicks

- 1 – 2 LF cross over RF, RF step to right side,
- 3 & 4 LF sweep left cross back RF, RF step to right, LF step diagonal left fwd.
- 5 & 6 RF kick in cross over LF, RF ball step on place, LF step to left
- 7 & 8 RF kick in cross over LF, RF ball step on place, LF step to left

Section 7 Heel Grind, ¼ Back Rock, Step ½ Turn R/L, Step-Lock-Step

- 1 – 2 RF Heel grinds weight on right heel, LF step to left side
- 3 – 4 RF turn ¼ rocks back to R over right shoulder, LF recover on weight (facing 9 h)
- 5 – 6 RF step turn ½ fwd. , LF step turn ½ fwd.
- 7 & 8 RF step fwd. , LF lock to RF, RF step fwd.

Section 8 L Jump Rock, Back Sweeps L/R, Coaster Step, Heel Fans (Swivels) R/L, Kick Ball ¼ Turn

- 1 - 2 LF jump fwd., LF sweep to left side diagonal back
- 3 & 4 & RF sweep to right side diagonal back, LF step back, RF close to LF, LF step fwd.
- 5 - 6 RF/LF Swivel with both heels to right, weight on balls, RF/LF recover to left
- 7 & 8 RF Turn ¼ Kick to right, RF ball step, LF step fwd.

Section 9 Walk R/ L, Hold, Syncopated Diamond

Part B – 1

- 1 – 2 RF walk fwd., LF walk fwd.(facing 9h)

- 3 & 4 Hold, RF step diagonal back (1/8 turn), LF step to left side (facing 3 h)
- 5 & 6 Hold, RF step diagonal fwd. (1/8 turn), LF step fwd.(facing 1.30h),
- 7 & 8 & RF step 1/8 turn to right (facing 12h), LF step diagonal (1/8 turn) back, RF step back, LF step diagonal (1/8 turn) to left side

Section 10 1/8 Turn R, NC Basics, L/R 1/8 R Turn Sweeps

- 1 – 2 & RF turn 1/8 to right (facing 3h) step to right side, LF close diagonal to RF(3rd. Pos.), RF cross over LF
- 3 – 4 & LF step to left side, RF close diagonal to LF (3rd. Pos.), LF cross over RF
- 5 - 6 & RF step 1/8 turn to right, LF sweep& step fwd.
- 7 – 8 & RF sweep and turn 1/8 back, RF step back, LF step to left side (facing 6 h)

Part B – 2

Section 10 - Start with facing 6 h – ends with it at 12 h

Section 11 – start at 12 h – ends with it at 3 h

Section 1b Out – Out – In – In – 4 x

Part C 2

- 1 & 2 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF
- 3 & 4 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back,LF step diagonal back close to RF
- 5 & 6 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF
- 7 & 8 & RF step diagonal out to right side, LF step diagonal out to left side, RF step diagonal back, LF step diagonal back close to RF

Enjoy it :-)

Any questions?....please...

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RF = right Foot / LF = left Foot / fwd. = forward / bwd. = backwards

Last Update – 14 Jan. 2020
