

A Secret Love

拍数: 32 墙数: 0 级数: Beginner
编舞者: Jessica Devlin (IRE) - January 2020
音乐: Secret Love - Cliona Hagan



[1-8] Walk x2, Rocking Chair, Step Forward , Step ¼ Cross, Rock side, recover, Cross

1,2, Step RF forward, Step LF Forward
3&4& Rock RF forward, Recover weight to LF, Rock RF back, Recover weight to LF
5,6& Step RF forward, Step LF Forward making ¼ turn R, recover weight to RF
7,8& Cross LF over RF, Rock RF to R-Side Recover weight to LF

[9-16] Jazz Box with toe Struts, Rumba box

1&2& Step R-toe over LF, Drop R-heel taking weight to RF, step L-toe back, Drop L-heel taking weight to LF
3&4& Step R-toe to R-Side, Drop R-heel taking weight to RF, Step L-toe over RF, drop L-heel taking weight to LF
5&6 Step RF to R-Side, Close LF next to RF, Step RF Forward
7&8 Step LF to L-Side, Close RF next to LF, Step LF back

[17-24] walk back x2, Coaster Step, Step ½ turn, Run L,R,L

1,2 Step RF back, Step LF back
3&4 Step RF back, Close LF next to RF, Step RF Forward
5,6 Step LF forward, Making ½ R recover weight to RF
7&8 Step LF forward, Step RF forward, Step LF Forward

[25-32] Step to R-Diagonal x2, Step to L-Diagonal x2, Step back Touch, Step back Close, heel twists x2

1&2& Step RF to R- Diagonal, Close LF next to RF, Step RF to R-Diagonal, Touch LF next to RF
3&4& Step LF to L-Diagonal, Close RF next to LF, Step LF to L-Diagonal, Touch RF next to LF
5&6& Step RF back to R-diagonal, Touch LF next to RF, Step LF back to L- diagonal, Close RF next to LF
7&8& Twist both heels to R, recover, Twist Both heels R, recover

Hope you Enjoy it, Thank you
Love Jessica
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