

Sweet PINEAPPLE Wine (Island Remix)

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: High Improver
编舞者: Val Saari (CAN) - January 2020
音乐: Pineapple Wine (feat. Fi&ji & Common Kings) (Island Remix) - Morgan Heritage



PRISSY WALKS FWD RLRL, SYNCOPATED OUT-OUT-IN-IN WITH HIP BUMPS RLR, LRL

1-2 Cross RF over left, pointing R toes left, Cross LF over right, pointing LF toes right
3-4 Cross RF over left, pointing R toes left, Cross LF over right, pointing LF toes right
&5&6 Step RF right (&) Step LF left and bump hips R (5), Bump hips L (&), Bump hips R (6)
&7&8 Step LF right and slightly back(&), Step RF together and bump hips L (7), Bump hips R (&),
Bump hips L (8) (weight on LF)

CROSS MAMBOS (R, L PIVOT 1/4), SIDE STEP-DRAG (RL)

1&2 RF rock across L, LF recover, Step RF beside L, hold
3&4 LF rock across R, Step RF in place, Step LF 1/4 pivot left, hold
5-6 Large step right to right side, drag LF toes towards R
7-8 Large step left to left side, drag RF towards L

SHUFFLE FWD RLR, REVERSE COASTER, SHUFFLE BACK, RLR, COASTER STEP PIVOT 1/4 L

1&2 Shuffle forward RLR
3&4 Step LF forward, Step RF beside L, Step LF back
5&6 Shuffle back RLR
7&8 Step LF back 1/4 pivot L, Step RF beside L, Step LF forward

R SIDE TOE-STRUTS, SCISSORS, WEAVE L, SCISSORS

1&2& Touch RF toes right, Step heel down, Touch LF toes beside R, Step heel down
3&4 Rock RF to right side, Step LF together, Cross RF over left, hold
5&6& Step LF left, Cross RF behind L, Step LF left, Cross RF over L
7&8 Rock LF to left side, Step RF together, Cross LF over right, hold

MAMBO FWD, COASTER BACK, STEP-TURNS L 1/2, 1/4

1&2 RF Rock forward, LF recover, RF close together
3&4 LF Rock back, RF step together, Step LF forward
5-6 Step RF forward, Turn 1/2 turn left (weight on left)
7-8 Step RF forward, Turn 1/4 turn left (weight on left)

REPEAT

No Tags, No Restarts

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