

# Take Down AB

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Heidi Cronjé (SA) - January 2020  
音乐: Take Down - Rayelle : (2:38)



Intro: 16 counts

## SECTION 1: STOMP, WALK X2, KICK, STOMP, BACK X3

1-4            Stomp L fwd, Walk R fwd, Walk L fwd, Kick R fwd  
5-8            Stomp R together, Walk L back, Walk R back, Walk L back

## SECTION 2: STOMP, 1/4 L COASTER STEP, JAZZ BOX, KICK

1              Stomp R side  
2-4            Turn 1/4 L and step L back, Step R together, Step L fwd  
5-8            Cross R over L, Step L back, Step R side, Kick L over R to R diagonal

\*\*\* Restart during wall 7 (facing 03:00)

## SECTION 3: STOMP, HEEL UP & DOWN (3C), STOMP, HEEL UP & DOWN (3C)

1              Stomp L fwd to L diagonal  
2-4            Bounce L heel up and down for 3 counts  
5              Stomp R fwd to R diagonal  
6-8            Bounce R heel up and down for 3 counts

## SECTION 4: STOMP, POINT, ROCKING CHAIR, SIDE, KICK

1-2            Stomp L together, Point R side  
3-6            Rock R fwd, Recover L, Rock R back, Recover L  
7-8            Step R side, Kick L fwd

Start Again. Have fun and Enjoy!

Restart: During wall 7, after 16 counts (facing 03:00)

Tag: At the end of wall 3 (4C) (facing 03:00)

1-4            L Rocking Chair (Rock L fwd, Recover R, Rock L back, Recover R)

More difficult option: 1/2 pivot turn x 2 (Step L fwd, 1/2 pivot turn R, Step L fwd, 1/2 pivot turn R)

Contact – email: [linedanceriversdal@gmail.com](mailto:linedanceriversdal@gmail.com)

This dance is dedicated to Ilze Venter, one of my dancers who enjoys dances with stomps.

Last Update – 6 Jan. 2020