

Fenomenal

拍数: 64 墙数: 4 级数: Phrased Low Intermediate cha cha
编舞者: Marc Mitchell (CAN) - September 2018
音乐: Ay Mujer - Rey Ruiz : (Album: Fenomenal)



(B is optional, if you prefer a 32 count A beginner dance)

Intro: 32 counts - Direction: CCW
Phrasing: AA AB AA AA BB AAA

*A (32 count):

WALK FORWARD R-L, SHUFFLE RIGHT FORWARD, SHUFFLE LEFT FORWARD, STEP RIGHT FORWARD, PIVOT 1/2 TURN LEFT, STEP LEFT FORWARD

1-2 Step right forward, step left forward
3&4 Step right forward, step left together, step right forward
5&6 Step left forward, step right together, step left forward
7-8 Step right forward, step left forward while pivoting 1/2 turn left

WALK FORWARD R-L, SHUFFLE RIGHT FORWARD, SHUFFLE LEFT FORWARD, STEP RIGHT FORWARD, PIVOT 1/2 TURN LEFT, STEP LEFT FORWARD

1-2 Step right forward, step left forward
3&4 Step right forward, step left together, step right forward
5&6 Step left forward, step right together, step left forward
7-8 Step right forward, step left forward while pivoting 1/2 turn left

RIGHT FORWARD MAMBO, LEFT BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2 Step right forward, recover left, step right together
3&4 Step left back, recover right, step left together
5&6 Step right to side, recover left, step right together
7&8 Step left to side, recover right, step left together

STEP RIGHT FORWARD, PADDLE 1/8 TURN LEFT X2, JAZZ BOX , TOUCH, STEP

1-2 Step right forward and pivot 1/8 turn to left on ball of both feet, weight on left
3-4 Step right forward and pivot 1/8 turn to left on ball of both feet, weight on left
5-6 Cross right over left, step left back
7&8 Drag right to side, touch left together, step left together

*B (32 count): Walls 4,8,9, as follows:

SCISSOR STEP R-L

1-2 Step right side, step left together
3-4 Cross right over left, hold
5-6 Step left side, step right together
7-8 Cross left over right, hold

RIGHT LOCK STEP FORWARD, HOLD, STEP LEFT FORWARD, STEP RIGHT BACK 1/2 TURN RIGHT, KICK LEFT DIAGONAL, HOLD

1-2 Step right forward diagonal, step left behind
3-4 Step right forward, hold
5-6 Step left forward, step right back 1/2 turn right
7-8 Kick left forward diagonal, hold kick

LEFT LOCK STEP FORWARD, HOLD, STEP RIGHT FORWARD, STEP LEFT BACK 1/2 TURN RIGHT, KICK RIGHT DIAGONAL, HOLD

1-2 Step left forward diagonal, step right behind
3-4 Step left forward, hold
5-6 Step right forward, step left back 1/2 turn right
7-8 Kick right forward diagonal, hold kick

SWAY R-L-R, HOLD, SWAY L-R, HOLD, TOUCH LEFT, STEP LEFT

1-2 Sway right to side, sway left to side
3-4 Sway right to side, hold
5-6 Sway left to side, sway right to side
7&8 Hold, touch left together, step left together (weight on left)

***ENDING: At the end of wall 13 (9.00); after 2 paddles 1/8 turn, continue paddling 1/4 turn twice to 12.00 with freestyle attitude**

***WALL SEQUENCE: 12,9,6,3,3,12,9,6,3,3,3,12,9 A,A,A,B,A,A,A,A,B,B,A,A,A**

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