

To Rome

拍数: 32 墙数: 4 级数: Improver
编舞者: Hiroko Carlsson (AUS) - December 2019
音乐: To Rome - Deepend & Janieck : (iTunes)



(Intro: 16 counts)

[S1] Back Rock, 1/2L Shuffle Back, Side, Touch, Kick Ball Cross

1 2 Rock back on R, Recover weight on L
3&4 Make a ½ turn left stepping back on R, Step L next to R, Step back on R
5 6 Step L to the side, Touch R next to L
7&8 Kick R forward, Step ball of R next to L, Cross L in front of R (6:00)

[S2] Side Rock, Cross Shuffle, 1/4R, Side, Shuffle Fwd

1 2 Rock R to the side, Recover weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Make a ¼ turn right stepping back on L, Step R to the side
7&8 Shuffle forward LRL** (9:00)

[S3] Heel Grind 1/8R, Together-Heel Bounce, Heel Grind 1/4L, Together-Heel Bounce

1 2 Touch R heel out forward and grind heel making 1/8 turn right – fanning toes to right side,
Recover weight on L (facing right diagonal)
3&4 Step R to together (3), Bounce heels (&4)
5 6 Touch L heel out forward and grind heel making 1/4 turn left – fanning toes to left side,
Recover weight on R (facing left diagonal)
7&8 Step L to together (7), Bounce heels (&8) (7:30)

[S4] Fwd Rock, 3/8R Shuffle Fwd, Paddle Turn, Cross, Tap

1 2 Step forward on R, Recover weight on L
3&4 Make a ¼ turn right stepping forward on R, Step L next to R, Step forward on R (12:00)
5 6 Step forward on L, Make a ¼ turn right recover weight on R
7 8 Cross L over R, Tap R behind L (9:00)

Restart on Wall 2 count 16 with step changes (12:00)

Instead of Shuffle forward- Fwd-Touch (weight on L)**

[S2] - 7 8 Step forward on L, Touch R next to L

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 26/Dec/19)