

# Still The One

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: High Intermediate  
编舞者: Bonita Malone (USA) - December 2019  
音乐: Still The One - Ingrid Michaelson



## #16 count introduction

\*\*\*Tag after Wall 1\*\*\*

Optional claps

### STEP R SIDE, HOLD, ROCK BACK L, RECOVER, VINE L WITH ¼ TURN, BRUSH R

1,2            Step R side (1), hold (2)  
3,4            Rock back L (3), recover R (4)  
5,6            Step L side (5), step R cross back (6)  
7,8            Step L ¼ turn (7), brush R fwd (8) [9:00]

Optional claps 2& - clap 4 - clap 6& - clap 8

### ROCK FWD R, RECOVER, COASTER STEP, ROCK FWD L, RECOVER, SHUFFLE ½ TURN L

1,2            Rock fwd R (1), recover L (2)  
3&4            Step back R (3), step L next to R (&), step fwd R (4)  
5, 6            Rock fwd L (5), recover R (6)  
7&8            L shuffle ½ turn [3:00]

Optional claps 2& - clap 4

### STEP R ¼ PIVOT, STEP L, STEP R CROSS FRT, POINT L SIDE, L JAZZ BOX

1,2            Step R ¼ pivot turn (1), step L (2) [12:00]  
3,4            Step R cross frt (3), point L side (4)  
5,6            Jazz box – step L cross frt (5), step back R (6)  
7,8            Step L side (7), step fwd R (8) [12:00]

### ROCK L SIDE, RECOVER, STEP L CROSS SHUFFLE, ¼ TURN STEP R, STEP SIDE L, ¼ TURN STEP R, STEP FWD L

1,2            Rock L side (1), recover R (2)  
3&4            Step L cross frt (3), shuffle (&4)  
5,6            Step R ¼ turn (5), step side L (6) [3:00]  
7,8            Step side R ¼ turn (7), step fwd L (8) [6:00]

### STEP R SIDE, CLOSE L NEXT TO R, STEP FWD R SHUFFLE, STEP FWD L ¼ PIVOT, STEP SIDE R, STEP L CROSS FRT, STEP R SIDE

1,2            Step R side (1), close L next to R (2)  
3&4            Step fwd R shuffle (3&4)  
5,6            Step fwd L ¼ pivot (5), step R side (6) [3:00]  
7,8            Step L cross frt (7), step R side (8)

### ROCK BACK L, RECOVER, L FWD SHUFFLE, JAZZ BOX ¼ TURN

1,2            Rock back L (1), recover R (2)  
3&4            Step L fwd (3), shuffle (&4)  
5,6            Step cross frt R (5), step L back (6)  
7,8            Step R ¼ turn (7), step cross frt (8) [12:00]

### ¼ MONTEREY TURN, STEP BACK R, TAP L, STEP BACK L, HOLD

1,2            Point R side (1), close ¼ turn (2) [3:00]  
3,4            Point L side (3), close together (4)  
5,6            Step back R (5), tap L slightly fwd (6)

7,8 Step back L (7), hold (8)  
**Optional claps or pat chest 6& - clap or pat chest 8**

**ROCK BACK R, RECOVER L, KICK R BALLCHANGE, JAZZ BOX ¼ TURN W/CROSS**

1,2 Rock back R (1), recover L (2)  
3&4 Kick R (3), ball change (&4)  
5,6 Step R cross ft (5), step back L (6)  
7,8 Step R ¼ turn (7), step L cross frt (8) [6:00]

**\*\*\*TAG HERE AFTER WALL 1\*\*\***

**TAG: facing 6:00**

**STEP R SIDE, HOLD, ROCK BACK, RECOVER, STEP L SIDE, HOLD, ROCK BACK, RECOVER**

1,2 Step R side (1), hold (2)  
3,4 Rock back L (3), recover R (4)  
5,6 Step L side (5), hold (6)  
7,8 Rock back R (7), recover L (8)

**Optional claps 2& - clap 4 - clap 6& - clap 8**

**ROCKING CHAIR, STEP FWD, HOLD, ½ PIVOT TURN**

1,2 Rock R fwd (1), recover L (2)  
3,4 Rock R back (3), recover L (4)  
5,6 Step fwd R (5), hold (6)  
7,8 ½ pivot step L (7), hold (8) [12:00]

**Optional claps 2& - clap 4**

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