

# Coming And Going

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Harold Grimshaw (UK) - December 2019  
音乐: Arrivals and Departures - Sundance Head : (Album: Stained Glass and Neon)



## Section 1 Cross, Recover, Shuffle 1/4, Pivot 1/2, Shuffle

1-2      Cross Right over Left, Recover Left  
3&4      Right Shuffle forward 1/4 Right  
5-6      Left forward, Pivot 1/2 Right  
7&8      Left Shuffle forward

## Section 2 Full turn forward, Fwd Rock & Fwd Rock, Side Rock

1-2      Full turn forward left on Right and Left  
3-4      Right forward, Recover Left  
&5-6      Step Right in place, Left forward, Recover Right  
7-8      Left side, Recover Right

## Section 3 Sailor- steps, Unwind 1/2 Left, Cross rock 1/4 Right

1&2      Swing step Left behind right, Step Right to right side, Step Left to left side  
3&4      Swing step Right behind Left, Step Left to left side, Step Right to Right side  
5-6      Left toes back, Unwind 1/2 Left (taking weight)  
7&8      Cross Right, Recover Left, Step Right forward 1/4 right

## Section 4 Diagonal Left forward Lock, Forward lock step, Fwd Rock, Shuffle 1/2 turn Right

1-2      (Diagonally forward left) Left forward, Lock Right behind  
3&4      Left forward, Lock Right behind, Left forward  
5-6      Right forward, Recover Left  
7&8      Right shuffle 1 / 2 Right forward (still on diagonal left)

## Section 5 Syncopated Rocking Chair, Back 1 / 2 Right, Touch, Step Point, Cross Point

1&2&      Left forward, Recover Right, Left back, Recover Right  
3-4      (Turning 1/2 Right) Step back on Left, Touch Right toes in front  
5-8      Right forward, Point touch Left to left side, Cross Left, Point touch Right to right side

## Section 6 Right Cross weave, 1/4 Left, Step pivot 3/4 Left, Right Side, Behind

1-4      Right Cross, Side, Behind, 1/4 Left forward  
5-6      Right forward, Pivot 3/4 Left  
7-8      Right Side, Left Behind

## Section 7 Right side, Drag Touch, Left Kick Ball Cross, Sway Left & Right, Chasse Left

1-2      Long step Right to right side, Drag Left next to right (no weight-touch)  
3&4      Left Kick Ball, Cross Right over left  
5-6      Sway hips Left and Right  
7&8      Chasse Left

**\*RESTART here Wall 2**

## Section 8 Right Toes back, Unwind 1/2 Right (taking weight), Pivot 1/2 Right, Rock fwd, Coaster Back

1-2      Right Toes Back, Unwind 1/2 Right (taking weight)  
3-4      Left Forward, Pivot 1/2 Right  
5-6      Left Forward, Recover Right  
7&8      Left Coaster Back

**\*\*TAG here end of Wall 3 - Repeat last 8 counts (Section 8)**

