

Mentiras

拍数: 48 墙数: 4 级数: High Beginner
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音乐: Mentiras - Victor Manuelle



Intro: 16 after the first word "mentiras"

MAMBO: FORWARD-BACK-FORWARD-BACK

1&2 Rock L forward, recover, step L back
3&4 Rock R back, recover, step R forward
5-8 Repeat steps 1-4

STEP-TURN-STEP, MAMBO BACK, STEP-TURN-STEP, MAMBO BACK

1&2 Step L forward, pivot 1/2 right, turn 1/2 right and step L back
3&4 Rock R back, recover, step R forward
5&6 Repeat steps 1&2
7&8 Rock R back, recover, cross R over

NIGHTCLUB STEP COMBO

1-2& Step L side, cross R behind, recover
3-4& Step R side, cross L behind, recover
5-8& Repeat steps 1-4&

SIDE-CLOSE-SIDE-KICK COMBO

1&2& Step L side, step R together, step L side, kick R diagonally to left
3&4& Step R side, step L together, step R side, kick L diagonally to right
5&6& Step L side, step R together, step L side, kick R diagonally to left
7&8 Step R side, step L together, step R forward

MAMBO: FORWARD-BACK-FORWARD; QUARTER TURN COASTER STEP

1&2 Rock L forward, recover, step L back
3&4 Rock R back, recover, step R forward
5&6 Rock L forward, recover, step L back
7&8 Turn 1/4 right and step R back, step L together, step R forward, hold

MAMBO: FORWARD-BACK-FORWARD; POINT-RONDE-HALF TURN

1&2 Rock L fwd, recover, step L back
3&4 Rock R back, recover, step R forward
5&6 Rock L forward, recover, step L back
7&8 Touch R across L, sweep R down turning 1/2 right, step R together

REPEAT

Dance released in January 2008.
