

Giana (Chair Dance)

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 0 级数: Beginner Chair dance
编舞者: Rita Ensminger (USA) - December 2019
音乐: I'll Be All Smiles Tonight - The Chieftains



FOOT CIRCLE MOTION

1-3 R foot touch forward, side right, step together
4-6 L foot touch forward, side left, step together,

ARM FORWARD AND TO SIDE

1-3 R arm sweeping up and to R side (head follows)
4-6 L arm sweeping up and to L side (head follows)

HAND OVER HEAD, ARM OUTSTRETCHED

1-3 R hand over head, lean left with left arm outstretched, hold
4-6 L hand over head, lean right with right arm outstretched, hold

HAND WAVE, CROSS, CROSS, THIGHS

1-3 R outstretched hand wave down, up, down
4-6 R hand crs L shoulder, L hand crs R shoulder, hands on thighs

REPEAT
