

Secret Love

COPPERKNOB
STEPSHEETS

拍数: 80 墙数: 4 级数: Phrased Low Intermediate
编舞者: Woan (MY) - December 2019
音乐: Amor Secreto - Paulina Rubio



Intro 16 counts from heavy beat

Sequence: A, A, Tag, B, B, Tag, C, A, A, Tag, B, B, Tag, C,C

Section A 32 counts

A[01-08] Rumba Box Fwd

1 2 3 4 Step LF to L Side (1), Close RF next to LF (2), Step LF Fwd (3), Hold (4)
5 6 7 8 Step RF to R Side (5), Close LF next to RF (6), Step RF Back (7), Hold (8) (12.00)

A[09-16] ¼ R Chasse Back, Hook, Rocking Chair

1 2 3 4 Step LF Diagonally Back (1), Cross RF Over LF (2), Step LF Diagonally Back (3), Hook RF (4) (1.30)
5 6 7 8 Step RF Fwd (5), Step Back on LF (6), Step RF Back (7), Step Fwd on LF (8) (1.30)

A[17-24] Weave w/sweep, Forward

1 2 3 4 Cross RF Over LF (1), Step LF to Side (2), Step RF Behind (3), Sweep LF From Front to Back (4)
5 6 7 8 Step LF Back (5), Step RF to Side making (6), Cross LF Over RF (7), Step RF Fwd (8) (1.30)

A[25-32] Reverse Full Turn L w/sweep, Back, Side With ¼ to R, Fwd L/R, Point

1 2 3 4 Make ½ Turn L Stepping LF Fwd (1), Make ½ Turn L Stepping RF Back (2), Sweep LF Backward (3), Step LF Back (4)
5 6 7 8 Step RF Next to LF making ¼ to R (5), Step LF Fwd (6), Step RF Fwd (7), Point L Next to RF (8) (3.00)

Section B 32 counts (the direction shown assumes this section starts facing 12.00)

B[01-08] ¼ Turn L, Reverse Roll, Rotate ½ L, Step, Hold, ¼ R Sway to R, ¼ L Sway to L

1 2 3 Make ¼ Turn L Stepping LF Fwd (1), Make ½ Turn L Stepping RF Back (2), Make ½ Turn L Stepping LF Fwd (3)
4 5 6 Stepping RF Fwd making ½ Pivot Turn L (end with weight on R) (4), Step Fwd LF (5), Hold (6) (3.00)
7 8 Turn ¼ R Sway to R, looking over R shoulder (7), Turn ¼ L Sway to L (8) (3.00)

#Challenging option:

Make ½ Turn R keeping weight on L (&), Step RF Fwd (7), Make ½ Turn R keeping weight on R (&), Step LF Fwd (8)

B[09-16] ¼ Turn R, Roll, Rotate ½ R, Rock Fwd, Recover, Point

1 2 3 Make ¼ Turn R Stepping RF Fwd (1), Make ½ Turn R Stepping LF Back (2), Make ½ Turn R Stepping RF Fwd (3),
4 5-6 Stepping LF Fwd making ½ Pivot Turn R (end with weight on L) (4), Step RF Diagonally Fwd for a Slow Rock (5-6) (12.00)
7 8 Recover on LF (7), Point RF Next to L (8) (12.00)

B[17-24] Side Rock Cross x2, Side Rock Back x2

1& 2 Small Step RF to Side (1), Recover on LF (&), Cross RF Over LF (2)
&3 4 Small Step LF to Side (&), Recover on RF (3), Cross LF Over RF end weight on L (4) (12.00) (travelling fwd on 1-3)
5& 6 Small Step RF to Side (5), Recover on LF (&), Cross RF Behind LF (6)

&7 8 Small Step LF to Side (&), Recover on RF (7), Cross LF Behind RF, sweeping RF back (8)
(travelling back on 5-7) (12.00)

B[25-32] Step Back R/L w/sweep, Back, Recover, Spiral $\frac{3}{4}$ L, Fwd L/R, Hold

1 2 3 4 Step Back RF Sweeping LF Back (1), Step Back LF Sweeping RF Back (2), Step Back RF
(3) Recover on LF (4)

5 6 7 8 Step Fwd RF Spiral $\frac{3}{4}$ Turn L (5), Step Fwd LF (6), Step Fwd RF (7), Hold (8) (3.00)

Section C 16 counts

C [01-08] Sway L/R, Hip Rolls

1-2 3-4 Sway to the L (1-2), Sway to the R (3-4)

5 6 7 8 Hip Roll to L (5), Hip Roll to R (6), Roll Hip to L (7), Roll Hip to R (8)

C [09-16] Sway L/R, Hip Rolls

1-2 3-4 Sway to the L (1-2), Sway to the R (3-4)

5 6 7 8 Hip Roll to L (5), Hip Roll to R (6), Roll Hip to L (7), Roll Hip to R (8)

Tag : 4 counts

1-2 3-4 Sway to the L (1-2), Sway to the R (3-4)

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The choreographer appreciates the valuable feedback and comment from Teacher Alice Cheong (Malaysia).
