

Cry On My Shoulder (在我的肩上哭) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Amy Yang (TW) - 2019年12月
音乐: Cry On My Shoulder - Westlife & Toni Braxton



Start on vocal : 36 counts.

Sec . 1 WALK FORWARD (R、 L), FORWARD MAMBO, BACKWARD SHUFFLE, 3/4 TURN R, SIDE

1-2, 3&4 Walk forward on RF、 LF, Step RF forward, Recover onto LF, Step RF back
5&6, 7-8 Step LF back, Lock RF in front LF, Step LF back, 1/2 turn R step forward RF, 1/4 turn R step LF to L(09:00)
1-2, 3&4 前進走步右足、左足,右足前踏,重心回左足,右足後踏
5&6, 7-8 左足後踏,右足鎖於左足前,左足後踏,右轉1/2右足前踏,右轉 1/4 左足左踏(09:00)

Sec . 2 BACK, RECOVER, KICK BALL STEP, CHASSE R, BACK, RECOVER

1-2, 3&4 Step RF back, Recover onto LF, Kick RF forward R diagonal, Step ball of RF in place, Cross LF over RF
5&6, 7-8 Step RF to R, Step LF beside RF, Step RF to R, Step LF back, Recover onto RF
1-2, 3&4 右足後踏,重心回左足,右足踢右斜前,右足踏,左足交叉右足前
5&6, 7-8 右足右踏,左足併於右足旁,右足右踏,左足後踏,重心回右足

Sec . 3 SIDE, BESIDE, FORWARD SHUFFLE, FORWARD, RECOVER, 3/4 TURN R, SIDE

1-2,3&4 Step LF to L, Step RF beside LF, Step LF forward, Lock RF behind LF, Step LF forward
5 – 8 Step RF forward, Recover onto LF, 1/2 turn R step forward on RF, 1/4 turn R step LF to L(06:00)
1-2,3&4 左足左踏,右足併於左足旁,左足前踏,右足鎖步於左足後,左足前踏
5 – 8 右足前踏,重心回左足,右轉 1/2 右足前踏,右轉 1/4 左足左踏(06:00)

Sec . 4 BEHIND, SIDE, CROSS MAMBO, CROSS, SIDE, 1/4 TURN L CHASSE L

1-2,3&4 Cross RF behind LF, Step LF to L, Cross RF over LF, Recover onto LF, Step RF to R
5-6,7&8 Cross LF over RF, Step RF to R, 1/4 turn L step LF to L, Step RF beside LF, Step LF to L(03:00)
1-2,3&4 右足交叉左足後,左足左踏,右足交叉左足前,重心回左足,右足右踏
5-6,7&8 左足交叉右足前,右足足踏,左轉 1/4 左足左踏,右足併於左足旁,左足左踏(03:00)

Start again.

Tag : After wall 3 and 8, Add 8 counts (facing 09:00&12:00)

加拍 :跳完第三牆及第八牆,加跳8拍(面向09:00&12:00)

Tag : (8counts)

WALK FORWARD (R、 L), FORWARD MAMBO, WALK BACKWARD (L、 R), COASTER

1-2, 3&4 Walk forward on RF、 LF, Step RF forward, Recover onto LF, Step RF back
5-6, 7&8 Walk backward on LF、 RF, Step LF back, Step RF beside LF, Step LF forward
1-2, 3&4 前進走步右足、左足,右足前踏,重心回左足,右足後踏
5-6, 7&8 退後走步足左足、右足,左足後踏,右足併於左足旁,左足前踏

Have Fun & Happy Dancing!

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