

Run Run Rudolph EZ

COPPER **KNOB**
BY STEPHENETS

拍数: 16 墙数: 4 级数: Beginner Country
编舞者: David Linger (FR) - December 2019
音乐: Run Run Rudolph - Luke Bryan



Music :-

Single « Run Run Rudolph », track 1

Compilation « Country For Christmas, track 3

Compilation « Country Christmas Greatest Hits », track 3

Start of dance : intro 6x8 counts, on the lyrics at 19 seconds...

3 Running Steps, L Brush, L Rock Step, Recover, Back L Toe Strut

1 – 3 3 steps (R-L-R) forward (Run Run Rudolph...)
4 L brush forward (option : hold)
5 – 6 Step L (rock) forward, recover on R
7 – 8 Step L (on the ball) backward, strut L heel

Back R Toe Strut, Side L Point, Together, Side R Point, Together, Twist on place with ¼ Turn Left

1 – 2 Step R (on the ball) backward, strut R heel
3 – 4 Point L to the left, step L beside R
5 – 6 Point R to the right, step R beside L (not to close)
7 Leaning on the soles of the feet : direct the heels to the left
8 Leaning on the soles of the feet : direct the heels to the right with a ¼ turn to the left (9h)

Note : At the end of the ¼ turn, weight ending on the L foot and start to dance again ! ... Run Run Run !!!

BE COOL, SMILE & HAVE FUN !!!

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