

Faster Faster

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Brenda Shatto (USA) - December 2019
音乐: Faster - Matt Nathanson : (Album: Modern Love - 2011 - 3:28)



Note: Restart on walls 2 & 5 after count 24. 8 ct. tag danced twice after wall 3 and once after wall 6.

Sequence: 32, 24, 32, Tag twice, 32, 24, 32, Tag, 32, 32, 32, 32, Ending 16

Intro: 16 counts, 12 seconds. Weight on right, facing 10:30.

[1-8] L forward rock, recover, L triple step, R back rock, recover, kick, ball-step

1,2 Rock L forward to left diagonal, recover to R
3&4 Rock back L, recover R, $\frac{1}{8}$ turn right step L to left (12:00)
5,6 Cross/rock R back, recover L turning $\frac{1}{8}$ right (1:30)
7&8 Low kick R forward, ball step R in place, step L forward

[9-16] R forward, pivot full turn left, R back, L cross, back, back, R cross-back-together

1234 Step R forward, $\frac{1}{2}$ pivot turn left on L, $\frac{1}{2}$ pivot turn left step R back, L cross over R (face 1:30)

No turn option: 1) Rock R forward, 2) L recover, 3) R back, 4) L cross

567&8 Step R back, step L back, cross R over L, Step L back, step R next to L

[17-24] L cross, R side, R point & L point, L $\frac{1}{4}$ left, R $\frac{3}{4}$ turn left, L press, knee in, out

1,2 Cross L over R, $\frac{1}{8}$ turn left step R to right (square up to 12:00)
&3&4 Step L next to R, point R to right, step R next to L, point L to left
5,6 $\frac{1}{4}$ turn left step L forward (9:00), $\frac{1}{4}$ turn left step R to side & spiral $\frac{1}{2}$ turn left on R (12:00)

No turn option: 5) L to left side, 6) cross R over L (12:00)

7&8 Press ball of L to left diagonal, twist L knee in, return knee forward (10:30) **Restart on walls 2 & 5

[25-32] L Step/rock, R Recover/rock, L triple step, R step $\frac{1}{4}$ pivot left, R cross & cross

1,2 Step L in place (straighten leg) and rock hips forward, rock hips back to R
3&4 L small step forward, R lock behind L, L small step forward
5,6 Step R forward, pivot $\frac{1}{4}$ turn left transfer weight to left (facing 7:30)
7&8 Cross R over left, step L to left small step, cross R over left (move toward 4:30)

(Wall 2 starts at 6:00, turn $\frac{1}{4}$ left to 4:30 and start with count 1- left forward rock)

TAG: 8 count tag: After wall 3 (12:00), dance it twice. After wall 6 (12:00), dance it once.

1-8 L wizard, R wizard, L rock forward, recover, $\frac{1}{2}$ turn left forward L, forward R
1,2& L to left diagonal, R lock behind, L to left diagonal
3,4& R to right diagonal, L lock behind, R to right diagonal

Arms: On counts 1-4, roll fists around each other at chest level (lyrics "faster and faster")

5,6,7,8 Rock L forward, recover to R starting $\frac{1}{2}$ left, finish $\frac{1}{2}$ turn step forward L, forward R (6:00)

The tag ends square with a wall. Make $\frac{1}{8}$ turn left to start the dance on the left diagonal.

Ending "funnel": Complete counts 1-10 starting at 6:00 then add counts 19-24. From the $\frac{1}{2}$ turn left (ct. 10), point R, (ct. 19) and continue through to the knee twist.

Please do not alter this step sheet. If you would like to use it on your website, it must be used in its original format.

Contact the choreographer with your questions: brenshatto@yahoo.com