Sometimes



拍数: 32 墙数: 4 级数: Beginner

编舞者: Om Pardi (INA) - December 2019

音乐: Sometimes - Britney Spears



Intro: 16 Count - 1 Tag & Restart

SECTION 1: (SIDE ROCK	. RECOVER	. BACK CROSS	. SIDE.	FORWARD CROSS) X2

1-2 Rock R to side, Recover on L

3&4 Cross R behind L, Step L to side, Cross R over L

5-6 Rock L to side, Recover on R

7&8 Cross L behind R, Step R to side, Cross L over R

SECTION 2: FORWARD LOCK, FORWARD LOCK SHUFFLE, PIVOT 1/4 RIGHT, CROSS SHUFFLE

1-2 Step R forward, Lock L behind R

3&4 Step R forward, Lock L behind R, Step R forward

5-6 Step L forward, Pivot ¼ R turn

7&8 Cross L over R, Step R to side, Cross L over R

SECTION 3: SIDE ROCK, RECOVER, RIGHT BACK COASTER STEP, PIVOT ½ RIGHT, FORWARD LOCK SHUFFLE

1-2 Rock R to side, Recover on L

3&4 Step R back, Step L next to R, Step R forward

5-6 Step L forward, Pivot ½ R turn

7&8 Step L forward, Lock R behind L, Step L forward

Tag & Restart here on wall 8

SECTION 4: FULL BOX

1-2 Step R to side, Step L next to R

3&4 Step R forward, Lock L behind R, Step R forward

5-6 Step L to side, Step R next to L

7&8 Step L back, Cross R over L, Step L back

Begin Again & Have Fun

TAG (4 Count)

1-4 Step R to side, Touch L beside R, Step L to side, Touch R beside L

During wall 8 after 24 count adding Tag and then restart. Dance facing 12.00 o'clock

For questions about this dance please contact: gieprod@yahoo.com