

# Una Volta Ancora

COPPERKNOB  
STEPPERS

拍数: 96      墙数: 2      级数: Phrased Advanced  
编舞者: Francisca Pons Estelrich (ES), Coloma Ávila, Isabel Payeras (ES), Francisco Rueda, Joana María Gutiérrez (ES) & Ángela Ribot - November 2019  
音乐: Una volta ancora (feat. Ana Mena) - Fred De Palma



Counts: 32 counts A, 32 counts B, 32 counts C, 16 counts TAG, 16 counts B+, 16 counts (bridge B)  
Sequence: A A B TAG B+ C A B TAG B+ C B (BRIDGE 17 - 32) TAG B+

## PARTE A

### (1 - 8 ) ROCK - COASTER STEP - WALK X2 - OUT OUT IN IN

1 - 2            RF rock forward - recover on LF  
3 & 4            step RF back - close LF next to RF - step RF forward  
5 - 6            walk forward L - R  
& 7              step out to L with LF - step out to R with RF & 8 bring in LB with bring in RB

### (9-16) ROCK - CHASE 1/2 - PIVOT TURN 1/2 - SLIDE 1/4 TOGETHER - POINT

1 - 2            LF rock forward - recover on RF  
3 & 4            step L side 1/2 - close R behind L - step L side  
5 - 6            step RF forward - pivot 1/2 turn placing L weight on RF  
7                slide 1/4  
& 8              behind L - point R

### (17 - 24) TOUCH X2 - SAILOR 1/2 R - TOUCH X2 - SAILOR 1/4 L

1                touch forward RF  
2                touch side RF  
3 & 4            cross RF behind LF - step LF to L side - step RF to R side 1/2  
5                touch forward LF  
6                touch side LF  
7 & 8            cross LF behind RF - step RF to R side - step LF to L side 1/4

### (25 - 32) KICK BALL POINT X2 - PIVOT TURN 1/2 - TOGETHER - POINT X2

1 & 2            RF kick forward - RF ball on floor - LF point side  
3 & 4            LF kick forward - LF ball on floor - RF point side  
5 - 6            step RF forward - pivot 1/2 turn placing L weight on RF  
& 7              behind RF - point LF  
& 8              behind LF - point RF

## PARTE B

### (1 - 8) STEP CROSS DIAGONALLY BACK WARD - SIDE DRAG

1 - 2            step RF over L - step LF diagonal back  
3 - 4            step RF diagonal back to R - step LF over R  
5 - 6            step RF diagonal back - step LF back diagonal to L  
7 - 8            drag RF to L - touch RF with bumps

### (9 - 16) DIAGONAL GRAPEVINE - PIVOT TURN X2

1 - 2            step RF diagonal forward to R - step LF over R  
3 - 4            step RF diagonal forward to R - LF point side  
5 - 6            step LF forward - pivot 1/2 turn left with hitch RF knee  
7 - 8            step RF forward - pivot 1/2 turn left with hitch LF knee

### (17 - 24) STEP FORWARD X2 - TOUCH X2 - STEP BACK X2 - TOUCH X2

1 - 2            step LF forward - RF touch L

- 3 - 4 step LF forward - RF touch L
- 5 - 6 step RF back - LF touch R
- 7 - 8 step RF back - LF touch R

**(25 - 32)STEP FORWARD - TOUCH - STEP BACK - TOUCH - TURN LEFT 1/4 RONDE WITH 1/4 - COASTER STEP**

- &1 &2 step LF forward - RF touch L - step RF backward - LF touch R
- &3 &4 step LF forward - RF touch L - step RF backward - LF touch R
- 5 - 6 step LF pivot turn 1/4 (9:00h) - ronde with toe LF with 1/4 turn (12:00h)
- 7 & 8 step LF back - step RF next to L - step LF forward (12:00h)

**PARTE B (BRIDGE 17 - 32)**

**(17 - 24)STEP FORWARD X2 - TOUCH X2 - STEP BACK X2 - TOUCH X2**

- 1 - 2 step LF forward - RF touch L
- 3 - 4 step LF forward - RF touch L
- 5 - 6 step RF back - LF touch R
- 7 - 8 step RF back - LF touch R

**(25 - 32)STEP FORWARD - TOUCH - STEP BACK - TOUCH - TURN LEFT 1/4 RONDE WITH 1/4 - COASTER STEP**

- &1 &2 step LF forward - RF touch L - step RF backward - LF touch R
- &3 &4 step LF forward - RF touch L - step RF backward - LF touch R
- 5 - 6 step LF pivot turn 1/4 (9:00h) - ronde with toe LF with 1/4 turn (12:00h)
- 7 & 8 step LF back - step RF next to L - step LF forward (12:00h)

**PARTE B+**

**(1 - 8) JAZZ BOX 1/4 - STEP 1/4 PIVOT 1/2 TURN L - BACK TOUCH**

- 1 - 4 step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/4 (3:00h)
- 5 - 6 step LF with 1/4 (12:00) - pivot 1/2 turn L (6:00h)
- 7 - 8 step LF back - touch RF next to L

**(9 - 16) JAZZ BOX 1/4 - STEP 1/4 PIVOT 1/2 TURN L - BACK TOUCH**

- 1 - 4 step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/8 (1:30)
- 5 - 6 step RF over LF - step LF back R - step RF back L - touch LF beside R with 1/4 (9:00h)
- 7 - 8 step LF back - touch RF next to L

**TAG**

**(1 - 8) ON ON IN IN - LOW HIP - RISE HIP**

- 1 - 4 step RF forward on R - diagonal - step LF forward on L - diagonal - step RF back to centre - step LF touch next to R
- 5 - 8 low hip - rise hip - low hip - rise hip

**(9 - 16) ON ON IN IN - LOW HIP - RISE HIP**

- 1 - 4 step RF forward on R - diagonal - step LF forward on L - diagonal - step RF back to centre - step LF touch next to R
- 5 - 8 low hip - rise hip - low hip - rise hip

**PARTE C**

**(1 - 8) STEP SIDE WITH PUSHING ARMS - HOLD (X2)**

- 1 - 2 step side RF to R with push arms (x2)
- 3 behind RF to LF
- 4 hold
- 5 - 6 step side LF to L with push arms (x2)
- 7 behind LF to RF
- 8 hold

**(9 - 16) SWITCHES X2 - TOE HIPS WITH BUMP X2 (X2)**

1 - 2            switch RF - switch LF  
3 - 4            toe in RF with bump x2  
5 - 6            switch LF - switch RF  
7 - 8            toe in LF with bump x2

**(17 - 24)ROCK FLICK - ROCK HOOK - BACK SHUFFLE X2 - SLIDE TOGETHER**

1&            rock forward RF - flick LF  
2&            rock back LF - hook RF  
3 & 4           shuffle RF  
5 & 6           shuffle LF 7 slide RF back  
8            together LF to RF

**(25 - 32)BEND KNEE MOVING SIDES ON PLACE (X2)**

1 - 2            Bend Knee moving L - Bend Knee moving R  
3 - 4            Bend Knee moving L x2  
5 - 6            Bend Knee moving R - Bend Knee moving L  
7 - 8            Bend Knee moving R x2

**WHILE THERE IS MUSIC WE WILL CONTINUE DANCING**

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