Burning In My Veins

拍数: 32	墙数: 4	级数: Improver
编舞者: Henry Schulz (DE) - October 2019		
音乐: Runaway Train - Soul Asylum		

Attention: 1 Tag with 8 counts after wall 4 on 12:00 & easy ending on wall 15 (look below)

(1-8) Rock Step R, Shuffle Back R, Back Rock L, Shuffle ½ Turn Back L

1-2	Rock R forward, Recover weight
3&4	Shuffle back R-L-R
5-6	Rock L back, Recover weight
7&8	Shuffle L-R-L and turn over left shoulder, in the end L is behind and has weight on it (6:00)

(9-16) Back Rock R, Step Turn 1/4 with R, Cross R, ¼ Turns L & R, Cross L

1-2	Rock R back, Recover weight
3-4	Step R forward, Pivot turn 1/4 over left shoulder with weight on L (3:00)
5	Cross R over L
6	Step L back with ¼ turn over right shoulder (6:00)
7	Step R side with ¼ turn over right shoulder (9:00)
8	Cross L over R

(17-24) Side Rock R, Behind, Side Rock L, Behind, ¼ R with Forward R, Step L

1-2	Rock R to side, Recover weight
3	Step R behind L
4-6	Counts 1-3 in reverse direction (everything happens with L)
7	Step R forward with ¼ turn over right shoulder (12:00)
8	Step L forward

(25-32) Rock Step R, ½ Turn R, Step Turn ½ with L, Step L, Step Turn ¼ with R

1-2	Rock R forward, Recover weight
3	Step R forward with ½ turn over right shoulder (6:00)
4-5	Step L forward, Pivot turn 1/2 over right shoulder with weight on R (12:00)
6	Step L forward
7-8	Step R forward, Pivot turn ¼ over left shoulder with weight on L to restart the dance (9:00)

(Tag) Dance wall 4 until the end and you will get to 12:00.

1-4	Rock Step R, Back Rock R (= Rocking Chair)
5-8	Option 1: Step Turn ½ with R (2x)

Option 2: Jazz Box R with Step L on count 8 ☐ I like it more than option 1.

(Ending) Dance on until count 30 on wall 15 (6:00) and you will get to the ending.

31-32	Step Turn ½ with R (Step R forward, Pivot turn ½ over left shoulder with weight on L) (12:00)
33	Step/Stomp R forward to end the dance (your decision if it's step or stomp)

Have fun and keep on dancing for all the time! Don't forget to sing or smile. ☐

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