

Run Away Cha Cha

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: EWS Winson (MY) - November 2019
音乐: Circles - Post Malone



Intro: 64 counts in (approx. 38 sec)

#1 (1-8) 1/8 (L) with L-R-L Forward Walk, R Forward Shuffle, L Forward Rock & Recover, L Back, 1/2 (R) with R Forward, L Forward

1-3 Angle body to 1/8 L with weight on RF: Step forward on LF (1), step forward on RF (2), step forward on LF (3) 10.30
4&5 Step RF forward (4), step LF next to RF (&), step RF forward (5) 10.30
6-7 Rock LF forward (6), recover weight on RF(7) 10.30
8&1 Step LF back (8), turn 1/2 R stepping RF forward (&), step LF forward (1) 4.30

#2 (9-16) R-L Forward Walk, R Forward Mambo, L Back, 1/4 (R) with R Side, L Extended Locking Steps

2-3 Step forward on RF (2), step forward on LF (3) 4.30
4&5 Rock RF forward (4), recover weight on LF (&), close RF beside LF (5) 4.30
6-7 Step LF back (6), turn 1/4 R stepping RF to R side (7) 7.30
8&1 Step LF forward (8), lock RF behind LF (&), step LF forward (1) 7.30

#3 (17-24) Completing L Extended Locking Steps, R Cross Samba 1/8 (R), L Cross, 1/4 (L) with R Back, L Side Chasse

8&2&3 Lock RF behind LF (&), step LF forward (2), lock RF behind LF (&), step LF forward (3) 7.30
4&5 Cross RF over LF (4), turn 1/8 R rocking LF to L side (&), recover weight on RF (5) 9.00
6-7 Cross LF over RF (6), turn 1/4 L stepping RF back (7) 6.00
8&1 Step LF to L side (8), close RF beside LF (&), step LF to L side (1) 6.00

#4 (25-32) L-R Side Cucaracha Steps, R-L-R Side Hip Sways

2&3 Step RF beside LF (2), step LF in place (&), step RF to R side (3) 6.00
4&5 Step LF beside RF (4), step RF in place (&), step LF to L side (5) 6.00
6-8 Sway hips to R side (6), sway hips to L side (7), sway hips to R side (8) 6.00

#5 (33-40) L Side, R Back Rock & Recover, R Side Chasse, L Back Rock & Recover, L Chasse 1/4 (L)

1-3 Step LF to L side (1), rock RF behind LF (2), recover weight on LF (3) 6.00
4&5 Step RF to R side (4), step LF beside RF (&), step RF to R side (5) 6.00
6-7 Rock LF behind RF (6), recover weight on RF (7) 6.00
8&1 Step LF to L side (8), step RF next to LF (&), turn 1/4 L stepping LF forward (1) 3.00

#6 (41-48) R Pivot 1/2 (L), R Forward Shuffle, L Forward, R Forward Kick Across, R Back & L Sweep

2-3 Step RF forward (2), turn 1/2 L over L shoulder (3) 9.00
4&5 Step RF forward (4), step LF next to RF (&), step RF forward (5) 9.00
6-8 Step LF forward (6), kick RF forward across L knee (7), step RF back sweeping LF from front to back (8) 9.00

#7 (49-56) L-R Syncopated Batucada Steps, R Heel Swivel

&1-2 Step LF back (&), touch R toes forward (1), hold for 1 count (2) 9.00
&3-4 Step RF back (&), touch L toes forward (3), hold for 1 count (4) 9.00
&5&6 Step LF back (&), touch R toes forward (5), step RF back (&), touch L toes forward (6) 9.00
&7 Step LF back (&), touch R toes forward (7) 9.00
&8 R heel is off the ground - Twist R heel out to R side (&), twist R heel in (8) 9.00

You may use your hips to execute the Batucada steps.

#8 (57-64) R-L-R Forward Walk, L Forward Shuffle, R Pivot 3/8 (L), R&L Forward Tiny Jumps

- 1-3 Step forward on RF (1), step forward on LF (2), step RF forward (3) 9.00
4&5 Step LF forward (4), step RF next to LF (&), step LF forward (5) 9.00
6-7 Step RF forward (6), turn 3/8 L over L shoulder (7) 4.30
8& Do a forward little jump on both feet X2 (8-&) - keeping weight on RF 4.30

Website: <https://sites.google.com/view/dancejournal>

Last Update - 1 Dec. 2019
