

Jingle Bell Swing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Jingle Bell Rock (Glee Cast Version) - Glee Cast



I. CHASSE RIGHT - BACK ROCK - CHASSE LEFT - BACK ROCK

1&2 Step R side , Step L beside R , Step R side
3-4 Step L back , Recover on R
5&6 Step L side , Step R beside L , Step L side
7-8 Step R back , Recover on L

II. TOE STRUT FORWARD - JAZZ BOX 1/4 TURN RIGHT

1-2 Step toe R fwd , Drop on R
3-4 Step toe L fwd , Drop on L
5-6 1/4 Turn right Step cross R over L , Step L back
7-8 Step R side , Cross L over R

III. STEP KICK DIAGONAL R -L

1234 Kick R diagonal right , Step R behind L , Step L side , Cross R over L
5678 Kick L diagonal left , Step L behind R , Step R side , Cross L over R

IV. TWIST R- L WITH CLAP

1234 Twist both heels to R, Twist both toes to R, Twist both heels to R, Clap
5678 Repeat to L side

No Tag, No Restart