

Zhu Ni Xin Nian Kuai Le

COPPER KNOB
BY STEPHEN

拍数: 128 墙数: 1 级数: Phrased Improver
编舞者: Mayee Lee (MY) & Jenny Wong (MY) - December 2019
音乐: Zhu Ni Xin Nian Kuai (祝你新年快乐) - Angeline (阿妮)



Intro : Start after 32 counts or start at 0.15 seconds

Sequence of dance : Intro Dance A B A32 C Tag A B A32 Tag C28 Pose

Intro Dance/Tag : Repeat Section 3 & Section 4 (Part A)

Part A (64 counts)

Section 1 : R Toe Strut, L toe Strut, Cross, R, Recover L, R Side, Hold

1 – 4 Touch R toe forward(1), step R down(2), touch L toe forward(4), step L down(4)
5 – 8 Cross R over L(5), recover on L(6), step R to R(7), hold(8)

Section 2 : L Together R, Cross R, Unwind Full Turn L, Bend Both Knees, Straighten Both Knees

&1 – 6 Step L beside R(&), cross R over L(1), unwind full turn L(2-6)
7 – 8 Slightly bend both knees(7), straighten both knees & weight on L(8)

Section 3 : R Side, Cross L, R Side, Touch L Diagonal, Repeat Mirror Steps

1 – 4 Step R to R(1), cross L over R(2), step R to R(3), touch L to diagonally L(4)
5 – 8 Repeat mirror steps 1 – 4 (Section 3 – Part A)

Section 4 : Cross R, Recover L, R Side, Hold, Cross L, Recover R, L Side, Hold

1 – 4 Cross R over L(1), recover on L(2), step R to R(3), hold(4)
5 – 8 Cross L over R(5), recover on R(6), step L to L(7), hold(8)

Section 5 : R Together L, L Cross Shuffle, Hold, Touch R Diagonal, Hold, Touch R Back Diagonal, Hold

&1 – 4 Step R beside L(&), cross L over R(1), step R to R(2), cross L over R(7), hold(8)
5 – 8 Touch R to diagonally R(5)(1.30), hold(6), touch R back diagonally(7), hold(8)

Section 6: R Back, Touch L, 1/8 turn L Back, Touch R, 1/8 Turn L R Back, Touch L, 1/8 Turn R L Back, Touch R

1 – 4 Step R back(1)(1.30), touch L to L(2), 1/8 turn L step L back(3)(12.00), touch R to R(4)
5 – 8 1/8 turn L step R back(5)(10.30), touch L to L(6), 1/8 turn R step L back(7)(12.00), touch R to R(8)

Section 7 : Repeat Section 3 (Part A)

Section 8 : R Together L, L Forward, Pivot ½ Turn R, Hold x2, ½ Turn R Cha Cha, Hold

&1 – 4 Step R beside L(&), step L forward(1), pivot ½ turn R step on R(2)(6.00), hold(3-4)
5 – 8 ¼ turn R step L back(5)(9.00), ¼ turn R step R on ball in front of L(6)(12.00), step L back(7), hold(8)

Part B (32 counts)

Section 1 : Mambo ½ turn R, Hold, Cross L, Hold, Unwind ½ Turn R, Hold

1 – 4 Step R forward(1), ¼ turn R recover on L(2)(3.00), ¼ turn R step R forward(3)(6.00), hold(4)
5 – 8 Cross L over R(5), hold, unwind ½ turn R(7), hold(8)(12.00)

Section 2 : R Forward Shuffle, L Side, Hold, R Side, Hold

1 – 4 Step R forward(1), step L on back behind R(2), step R forward(3), hold(4)
5 – 8 Step L to L & slightly bend L knee(5), hold(6), recover on R & touch L(7), hold(8)

Section 3 : L Together R, R Rocking Chair, R Rocking Chair Wt Hold(Facing 10.30)

&1 – 4 Step L beside R(&), cross R(1), recover on L(2), step R back(3), recover on L(4)
5 – 8 Cross R(5), recover on L(6), step R back(7), hold(8)

Section 4 : Cross L Toe Strut, R Side Toe Strut, L Side, Drag R To L, Touch R, Hold

1 – 4 Touch L toe over R(1), step L down(2), touch R toe to R(3), step R down(4)
5 – 8 Step L to L(5), drag R to L(6-7), touch R beside L(8)

Part C (32 counts)

Section 1 : Kick R, Step R Down, Kick L, Step L Down, Kick R, Step R Down, Touch L Forward, Hold(1.30)

1 – 4 Kick R to diagonally R(1), step R down(2), kick L to diagonally R(3), step L down(4)(1.30)
5 – 8 Kick R to diagonally R(5), step R down(6), touch L to diagonally R(7), hold(8)

Section 2 : L Side, Hold, R Back, Recover L, R Rolling Vine, Hold

1 – 4 Step L to L(1), hold(2), step R back(3), recover on L(4)
5 – 8 ¼ turn R step R forward(5)(3.00), ½ turn R step L back(6)(3.00), ¼ turn step R to R(7)(12.00), hold(8)

Section 3 : Walk Full Turn L Start With L, Hold

1 – 8 Walk full turn L which start with L R L R L R L(1-7), hold(8)

Section 4 : R Together L, Cross L & Unwind Full Turn R, Hold 4 Counts

&1 – 4 Step R beside L(&), cross L over R(1), unwind full turn R(2-4)
5 – 8 Hold(5-8)

Please refer hand movements on youtube site

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