Rodolfo El Reno (Dance For Christmas)



拍数: 64 墙数: 1 级数: Absolute Beginner

编舞者: Marita Torres (ES) - November 2019

音乐: Rodolfo el Reno de la Nariz Roja - Pedro "Periquín" Castro: (Edited)



(Note: the music is edited for this choreography. If you are interested request it to my mail: maritatorres@yahoo.es)

[1-8] RIGHT SHUFFLE, CROSS SHUFFLE, RIGHT SHUFFLE, ROCK STEP

1 & 2	RF to right side, LF next to to RF, RF to right side
3 & 4	Lf cross over RF, RF to right side, LF cross over RF
5 & 6	RF to right side, LF next to to RF, RF to right side

7 – 8 LF rock back, recover to RF

[9-16] LEFT SHUFFLE, CROSS SHUFFLE, LEFT SHUFFLE, ROCK STEP

1 & 2	LF to left side, RF next to LF, LF to left side
3 & 4	RF cross over LF, LF to left side, RF cross over LF
5 & 6	LF to left side, RF next to Lf, LF to left side
7 – 8	RF rock back, recover to LF

[17-24] SHUFFLE FORWARD DIAGONAL RIGHT, SHUFFLE FORWARD DIAGONAL LEFT, SHUFFLE BACK DIAGONAL RIGHT, SHUFFLE BACK DIAGONAL LEFT

1 & 2	RF forward, LF next to RF, RF forward
3 & 4	LF forward, RF next to LF, LF forward
5 & 6	RF back, LF next to RF, RF back
7 & 8	LF back, RF next to LF, LF back

[25-32] STEP RIGHT, TOUCH, STEP LEFT, TOUCH, CLAP X 3, HOLD

1 – 2	RF to right side, LF touch next to RF
3 – 4	LF to left side, RF touch next to LF
5- 6-7	Clap up, clap lower, clap lower
8	Hold

[33-40] PADDLE FULL TURN LEFT, MAMBO FORWARD, STOMP X 2

1 &	RF forward, 1/4 turn left
2 &	RF forward, 1/4 turn left
3 &	RF forward, 1/4 turn left
4 &	RF forward, 1/4 turn left
5 & 6	RF rock forward, Recover to LF, RF next to LF

LF stomp, RF stomp

[41-48] FULL PADDLE TURN RIGHT, MAMBO FORWARD, STOMP X2

1 &	LF forward, 1/4 turn right
2 &	LF forward, 1/4 turn right
3 &	LF forward, 1/4 turn right
4 &	LF forward, 1/4 turn right

5 & 6 LF rock forward, Recover to RF, LF next to RF

7 & 8 RF stomp, LF stomp

7 & 8

[49-56] GALLOPS RIGHT HIP BUMPS

1&2&3&4 Gallops to right side (right arm movement)

5-6-7-8 Hip Bumps L-R-L-R (weight to RF)

[57-64] GALLOPS LEFT HIP BUMPS

1&2&3&4 Galops to left side (left arm movement)
5-6-7-8 Hip Bumps R-L-R-L (weight to LF)

ENDING

1 - 2 RF Out, RF Out 3 - 4 RF in, LF In

Merry christmas and have fun!!!