

# My Jingle Bell Rock

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Nina Chen (TW) - December 2019  
音乐: Jingle Bell Rock (Glee Cast Version) - Glee Cast



**Intro : 16 counts, No Tag ! No Restart !!**

**Sec 1: (R & L) CROSS TOE STRUT, ROCKING CHAIR**

1-4            Touch R toe over LF - Step R Heel down - Touch L toe over RF - Step L Heel down  
5-8            Rock RF fwd - Recover on LF - Rock RF back - Recover on LF

**Sec 2: (R & L) HEEL DIAGONAL FWD - BACK - HOOK, FWD LOCK STEP - BRUSH**

1-4            Touch R heel diagonal fwd - Touch L heel diagonal fwd - Step RF back - Hook LF over RF  
5-8            Step LF fwd - Step RF behind LF - Step LF fwd - Brush RF fwd

**Sec 3: BACK SHUFFLE 1/2 L, ROCK BACK - RECOVER, 1/4 R CHESSE L, ROCK BACK - RECOVER**

1&2, 3-4        Back shuffle (R L R) 1/2 turn L (6:00), Rock LF back - Recover on RF  
5&6, 7-8        1/4 turn R (9:00) step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover on LF

**Sec 4: FWD - 1/4 L HITCH, 1/4 L STEP - HITCH, 1/4 L SIDE ROCK - RECOVER.(x2)**

1-4            Step RF fwd - 1/4 turn L (6:00) hitch LF - 1/4 turn L (3:00) step LF in place - Hitch RF  
5-8            1/4 turn L (12:00) rock RF to R - Recover on LF - 1/4 turn L (9:00) rock RF to R - Recover on LF

**Have Fun & Happy Dancing!**

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