

# Mother's Heart

COPPER KNOB  
BY STEPHEN HETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Dee Musk (UK) - November 2019  
音乐: Mother's Heart - Stefanie Heinzmann : (Album: All We Need Is Love.)



#16 Count Intro. Approx 10 secs – Start on Vocals. Track approx 3 mins 24 secs.  
Track available from [iTunes.co.uk](https://www.apple.com/itunes/track/view/1234567890)

**Walk R, Walk L, R Anchor Step, Back Touch, Back Touch, Out, Out, In, In.**

1,2                      Walk forward R, walk forward L.  
3&4                      Step R behind L rocking back, recover weight to L, rock back on R.  
5&6&                      Step back on L, touch R beside L, step back on R, touch L beside R.  
7&8&                      Step out L, step out R, step in L, step in R. (Weight on R).(12 o'clock).

**L Dorothy Step, R Dorothy Step, L Rocking Chair, Rock, Recover, ¼ Turn L, Together.**

1,2,&                      Step L forward, cross step R behind L, step L forward.  
3,4&                      Step R forward, cross step L behind R, step R forward.  
5&6&                      Rock forward on L, recover weight to R, rock back on L, recover weight to R.  
7&8&                      Rock forward on L, recover weight to R, make ¼ turn L stepping L to L side, \*R\*step R beside L. (9 o'clock).

**\*\*Restart During wall 8 – dance to count 8 then touch R beside L. Begin again facing 12 o'clock.**

**Side, Cross, Rock, Recover, Cross, Hinge ½ Turn L, Cross, Rock, ¼ Turn R.**

1,2                      Step L to L side, cross R over L.  
3&4                      Rock L to L side, recover weight to R, cross L over R.  
5,6                      Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side.  
7&8                      Cross rock R over L, recover weight to L, make ¼ turn R stepping forward on R. (6 o'clock).

**Full Turn R, Ball Step ¾ Turn L, Side, Together, Side L Heel Twist, Recover R Heel Twist, Recover, Together.**

1,2                      Full turn R travelling forward stepping back on L, forward on R.  
&3,4                      Step L beside R, step forward on R making a ¾ turn L.  
5&                      Step R to R side, step L beside R.  
6&                      Step R to R side, twist L heel in towards R.  
7&                      Twist L heel back to centre, twist R heel in towards L.  
8&                      Twist R heel back to centre, step L beside R. (9 o'clock).

**Tag end of wall 3, begin again facing 3 o'clock.**

**Step, Mambo Step, Back, Together.**

1,2&3                      Step forward on R, rock forward on L, recover weight to R, step back on L.  
4&                      Step back on R, step L beside R.

**\*\*Restart with step change during wall 8 – dance to count 8 of section 2 - then touch R beside L – begin again facing 12 o'clock.**

Have fun

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