

Green Snakes

拍数: 32 墙数: 2 级数: Beginner
编舞者: Gary Lafferty (UK) - November 2019
音乐: One Fool On A Stool (Green Snakes) - Zona Jones



Music Info: 16-count intro, 156 bpm – no tags & no restarts!

GRAPEVINE TO RIGHT WITH TOUCH; 4 X TOE-TOUCHES WITH LEFT FOOT (OUT, IN, OUT, IN)

- 1-2 Step to Right on Right foot, cross-step Left foot behind Right
- 3-4 Step to Right on Right foot, touch Left foot beside Right
- 5-6 Touch Left foot out to Left side, touch Left beside Right
- 7-8 Touch Left foot out to Left side, touch Left beside Right

GRAPEVINE TO LEFT WITH ¼ TURN & BRUSH; RIGHT ROCKING CHAIR

- 1-2 Step to Left on Left foot, cross-step Right foot behind Left
- 3-4 Turn ¼ Left stepping forward onto Left, brush Right foot forward (9 o'clock)
- 5-6 Rock forward on Right foot, recover weight back onto Left foot
- 7-8 Rock back on Right foot, recover weight back onto Left foot

2 X HEEL GRINDS FORWARD; RIGHT MAMBO FORWARD INTO ¼ TURN RIGHT, HOLD

- 1-2 Touch Right heel forward with toes turned in, turn toes out taking weight onto Right foot
- 3-4 Touch Left heel forward with toes turned in, turn toes out taking weight onto Left foot
- 5-6 Rock forward onto Right foot, recover weight back onto Left foot
- 7-8 Turn ¼ Right stepping to Right on Right foot, hold (12 o'clock)

WEAVE WITH ¼ TURN TO RIGHT; STEP FORWARD, PIVOT ¼ TURN, CROSS, HOLD

- 1-2 Cross-step Left foot over Right, step to Right on Right foot
- 3-4 Cross-step Left foot behind Right, turn ¼ Right stepping forward onto Right foot (3 o'clock)
- 5-6 Step forward on Left foot, pivot ¼ turn to right (6 o'clock)
- 7-8 Cross-step Left foot over Right, hold

START AGAIN
