She Gone, I Come

级数: Improver

编舞者: Ilaria Facchini (IT) - November 2019

音乐: She Gone - Randall King

2 Restarts: 5th wall after 8 counts (12:00 o'clock) - 10th wall after 24 counts (9:00 o'clock)

Intro 16 counts. Start on lyrics

拍数: 32

[1-8] SIDE SHUFFLE, ROCK BACK, SLOW LOCK SHUFFLE, SCUFF

墙数:4

- 1&2 step right to right side, close left beside left, step right to right side
- 3-4 step back on left foot, recover on right foot
- 5-8 left step forward in diagonal left, right step behind, left step forward in diagonal left, scuff right foot

*Restart the dance from the beginning: 5th repetition facing 12:00

[9-16] WALK RIGHT AND LEFT FORWARD, OUT OUT, IN IN X2

- 1-2 step right forward, step left forward
- &3 step right on right side, step left on left side
- &4 step right in, step left next to right
- 5-8 repeat steps 1-4

[17-24] TOE STRUT BACK ¼ TURN, KNEE POPS, WEAVE, STEP ½ TURN

- 1-2 touch right toe back, 1/4 turn right lowering heel to floor
- &3 raise both heels by bending both knees forward, bring the heels back down
- &4 raise both heels by bending both knees forward, bring the heels back down
- 5&6 left step behind, right step side, left step forward
- 7-8 right step forward, ½ turn left

*Restart the dance from the beginning 10th repetition facing 9:00

[25-32] ROCKING CHAIR, FULL TURN, STOMP, STOMP

- 1-4 step forward on right, recover onto left, step back on right, recover onto left
- 5-6 step righ back ½ turn left, step left forward ½ turn left
- 7-8 stomp right in place, stomp left beside

Repeat

Ending facing 12:00: CROSS, UNWIND, HOLD, STOMP

- 1-4 cross right over left, unwind turn left
- 5-6 hold, stomp right forward (12:00)

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