Don't Start Now



编舞者: Kevin Orlando (INA) - November 2019

音乐: Don't Start Now - Dua Lipa



#16 Count Intro

Sequence: ABC ABC CB CC

Part A

Sec 1: Walk,	Walk, 1/2	Ball-Cross F	R, Hitch,	Twist.
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1-2 Step R forward – Step L forward

5-6 Hitch L – Step L forward

7&8 Step R forward – Twist R heel to Left – Twist R heel to Right

Sec 2: Kick 2x, Cross, Point L side, Touch L together, Point L side, Sailor step

1-2 Kick R forward – Kick R to side

3&4 Cross R behind L – Step L to Left – Cross R over L
 5&6 Point L side – Touch L together – Point L side
 7&8 Cross L behind R – Step R to side – Step L forward

Sec 3: Cross samba, Cross shuffle, Jazz box (3:00)

1&2 Cross R over L – Rock L to Left side - Recover on R

3&4 Cross L over R – Step R next to L – Step L forward slightly cross R

5-8 Cross R over L - 1/4 Turn Right step back on L - Step R to Right side - Cross L over R (3:00)

Sec 4 : Side shuffle, Cross rock L behind, Recover R, Stomp, Kick, Cross

1&2 Step R to Right side – Step L next to R – Step R to Right side

3-4 Cross rock L behind R – Recover on R
5-6 Stomp L to Left side – Kick R to Right side

7&8 Cross R behind L – Step L to Left – Cross R over L

Sec 5: Step L, Recover weight on R, Cross, Step R, Recover weight on L, Cross

1-2 Step L to Left side – Recover weight on R

3&4 Cross L behind R – Step R to Right – Cross L over R

5-6 Step R to Right side – Recover weight on L

7&8 Cross R behind L – Step L to Left – Cross R over L

Sec 6: Step L, Recover Weight on R, Sailor turn, Pivot ½ turn (6:00), Walk, Walk

1-2 Step L to Left side – Recover weight on R

3&4 Turn ½ Left cross L behind R (12:00) – Step R beside L – Step L forward

5-6 Step R forward – Make ½ turn Left (6:00)

7-8 Step R forward – Step L forward

Part B = 16 Count x 2

Sec 1: Cross, Sweep, Cross, Side, Behind, Sweep, Behind, Side

1-2 Cross R over L – Sweep L from behind to in front of R

3-4 Cross L over R – Step R to Right side

5-6 Cross step L behind R – Sweep R to behind L
7-8 Cross step R behind L – Step L to Left side

Sec 2: Out, Out, Turn backward, Point L, Rolling vine Left, Touch

1-2 Step R forward out – Step L forward out

3-4	Turn backward R (make ½ turn) – Point L side
5-6	Making a ¼ turn Left step forward on L – Making a ½ turn Left step back on R
7-8	Making a ¼ turn Left step L to side – Touch R next to L
Part C = 32 C	Count
Sec 1: Step I	R, Point L behind R, Step L, Point R behind L, Big step, Touch
1-2	Step R to side – Point L behind R
3-4	Step L to side – Point R behind L
5-6	R step Right diagonal forward Right – L touch beside R
7-8	L step diagonal back Left – R touch beside L
Sec 2 : Big st	ep, Touch, Out, Out, In, In, Swivel toes
1-2	Step R to side – L touch beside R
3-4	L step diagonal forward Left – R touch beside L
5&6&	Step R forward out – Step L forward out – Step R back in – Step L back in
7-8	Swivel toes to Right – Return feet to center
Sec 3 : Cross	s samba, Jazz box ½ turn
1&2	Cross R over L – Rock L to Left side - Recover on R
3&4	Cross L over R – Rock R to Right side - Recover on L
5-8	Cross Right over Left – Step Left slightly back making ¼ Right – ¼ Right step Right forward Step Left beside Right
Sec 4 : Cross	s, Point, Sweep, Step R back, Recover L
1-2	Cross R over L – Point L to Left side
3-4	Cross L over R – Point R to Right side
5-6	Sweep R from front to back – Sweep L from front to back
7-8	Step R back – Recover L

If you have any question, please do not hesitate to contact me: Kevinorlando1397@gmail.com I will be more than happy to hear any comments from you.