

East LOVE

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Sebastiaan Holtland (NL) & Joran van der Noll (NL) - November 2019
音乐: Cute but Psycho - East Love



Introduction: Start on approx 04 sec, after the short vocals.
Sequences: A, B, A, Tag 4 counts, A, B, A, B, A, A, A ending.

PATTERN A: 32 counts.

A 1 [1-8] Syncopated Side Rocks R, L, R, Cross Shuffel R.

1,2& Rock Rf to R (1), Recover back onto Lf (2), Step Rf beside Lf (&). SS
3,4& Rock Lf to L (3), Recover back onto Rf (4), Step Lf beside Rf (&).
5,6 Rock Rf to R (5), Recover back onto Lf (6).
7&8 Step Rf across Lf (7), Step Lf to L (&), Step Rf across Lf (8).

A 2 [9-16] Back L with ¼ Turn R, Side R, Step Lock Step L, Point R & Together with L Heel Tap Fwd, Touch & L Heel Tap Fwd, Replace.

1,2 Make ¼ turn R (3.00) step Lf back (1), Step Rf to R (2).
3&4 Step Lf fwd (3), Lock Rf behind Lf (&), Step Lf fwd (4).
5&6& Point Rf to R (5), Step Rf beside Lf (&), Tap L heel fwd (6), Step Lf back in place (&),
7&8& Touch Rf behind Lf (7), Step Rf back in place (&), Tap L heel fwd (8), Step Lf back in place (&).

A 3 [17-24] Rocking Chair R, ½ Shuffle Turn L on R, Back Rock L.

1,4 Rock Rf fwd (1), Recover back onto Lf (2), Rock Rf back (3), Recover back onto Lf (4).
5&6 Shuffle turn ½ L (9.00) R, L, R (3&4).
7,8 Rock Lf back (7), Recover back onto Rf (8).

A 4 [25-32] ½ Shuffle Turn R on L, Continue a ¼ Turn R with Side Chasse R, Press L with Sweep L, Sailor L Fwd.

1&2 Shuffle turn ½ R (3.00) L, R, L (1&2).
3&4 Continue a ¼ turn R (6.00) step Rf to R (3), Step Lf beside Rf (&), Step Rf to R (4).
5,6 Press Lf fwd (1), Recover back onto Rf and sweep Lf from front to back (6).
7&8 Step Lf behind Rf (7), Step Rf to R (&), Step Lf fwd (8).

(NB: Tag here ending wall 3 after part B: 32 counts, after start again).

(TAG: 1-4 Step together and holding weight onto Lf and bring both hands up what you wants).

PATTERN B: 32 counts.

B 1. [1-8] Side Rock R Hold with ¼ Sweep Turn R Hold, Weave L with Sweep L ¼ Turn L, Hold.

1,4 Step Rf to R (1), Hold (2), Make ¼ turn L (3.00) recover back onto Lf and sweep Rf from back to front (3), Hold (4).
5,8 Step Rf across Lf (5), Step Lf to L (6), Step Rf back and make ¼ turn L (12.00) and sweep Lf from front to back (7), Hold (8).

B 2. [9-16] Weave R with ¼ R Hitch Turn L, Rumba Rock R, Outside Swivel L.

1,4 Step Lf behind Rf (1), Step Rf to R (2), Step Lf across R and hith R knee up with ¼ turn L (9.00) (3,4).
5,8 Rock Rf fwd (5), Recover back onto Lf (6), Recover back onto Rf and swivel 1/8 L keeping weight onto Rf (7,8).

B 3. [17-24] Outside Swivel L Across,

1,2 Step Lf across Rf (1), Swivel 1/8 R keeping weight onto Lf (2).
3,4 Step Rf across Lf (3), Step Lf to L (4).

5,8 Make 1/8 turn R (10.30) step Rf back (5), Hold (6), Step Lf back (7), Make 1/8 turn R (12.00)
step Rf to R (8).

B 4. [25-32] Walk L, Hold, Fwd Rock R, Coaster Step R, Step L.

1,4 Walk Lf fwd (1), Hold (2), Rock Rf fwd (3), Recover back onto Lf (4).

5-8 Step Rf back (5), Step Lf beside Rf (6), Step Rf fwd (7), Step Lf fwd (8).

REPEAT DANCE AND HAVE FUN!!

Greets - Sebastiaan Holtland and Joran van der Noll
