

Can't Stop It

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Jim Ray (USA) - June 2016
音乐: CAN'T STOP THE FEELING! - Justin Timberlake



Intro: Begin on lyrics

KICK BALL CHANGE, KICK BALL CHANGE, STEP TURN 1/2, STEP TURN 1/2

1&2-3&4 Right kick ball change, Right kick ball change
5-6 Step right forward, turn 1/2 left (weight to left)
7-8 Step right forward, turn 1/2 left (weight to left)

WALK FORWARD SWAYING HIPS RIGHT, LEFT, RIGHT, LEFT WITH BOTH ARMS EXTENDED STRAIGHT UP, WAVING ARMS WITH HIPS RIGHT, LEFT, RIGHT, LEFT, ROCK STEP FORWARD AND SHUFFLE BACK

1-2 Step right forward (arms and hips right), step left forward (arms and hips left)
3-4 Step right forward (arms and hips right), step left forward (arms and hips left)
5-6 Rock right forward, recover to left
7&8 Shuffle back right-left-right

STEPPING LEFT, RIGHT, TURN A 1/2 TURN, LEFT SHOULDER BACK, ROCK STEP, CROSS TO THE LEFT, THEN ROCK STEP CROSS TO THE RIGHT THEN TURN A 1/2 TURN TO THE RIGHT, STEPPING LEFT, RIGHT, LEFT

1-2 Turn 1/2 left and step left forward, step right forward
3&4 Rock left side, recover to right, cross left over right
5&6 Rock right side, recover to left, cross right over left
7&8 Step left forward, turn 1/2 right (weight to right), step left forward

ROCK RIGHT TURN A 1/4 LEFT, SHUFFLE FORWARD, STEP 1/2 SHUFFLE FORWARD

1-2 Step right side, turn 1/4 left (weight to left)
3&4 Shuffle forward right-left-right
5-6 Step left forward, turn 1/2 right (weight to right)
7&8 Shuffle forward left-right-left

ROCK STEP FORWARD, TURN A TURN 1/2 RIGHT, SHUFFLING RIGHT, LEFT, RIGHT, ROCK LEFT TO THE LEFT, SHIFT WEIGHT. TO RIGHT, CROSS LEFT OVER, STEP RIGHT TO THE RIGHT, TURN A TURN 1/4 LEFT AND STEP ON LEFT, STEP RIGHT TOGETHER, STEP LEFT

1-2 Rock right forward, recover to left
3&4 Shuffle back right-left-right turning 1/2 right
5&6 Rock left side, recover to right, cross left over
7&8&& Step right side, turn 1/4 left (weight to left), step right together, step left together

(START OVER)