

It's Always Something

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Marianne van der Toorn Vrijthoff (NL) - November 2019
音乐: It's Always Somethin' - Joe Diffie



Intro: 8 Counts

Sec 1: Side Rock, Recover, Behind, Side, Heel, Together, Rock fwd, Recover with a Sweep, Behind-Side-Cross

1-2 RF. Side rock - LF. Recover
3&4& RF. Cross over LF - LF. Step side - RF. Dig heel fwd - RF. Step together
5-6 LF. Rock fwd - RF. Recover and sweep LF from front to back
7&8 LF. Cross behind RF - RF. Step side - LF. Cross over RF

Sec2: & Side, Back Rock, & Recover, Heel, & Together, Cross Shuffle, 1/2 Turn R, Cross Samba

&1&2& RF. Step side - LF. Back rock - RF. Recover - LF. Dig heel fwd - LF. Step together
3&4 RF. Cross over LF - LF. Step side - RF. Cross over LF
5-6 LF. 1/4 Turn R step back - RF. 1/4 Turn R step side (6:00)
7&8 LF. Cross over RF - RF. Side rock - LF. Recover

Sec 3: Syncopated Weave, Cross Rock, Recover, 1/4 Turn R, Step fwd, Pivot 1/2 Turn R, Shuffle fwd

1&2& RF. Cross over LF - LF. Step side - RF. Cross behind LF - LF. Step side
3&4 RF. Cross rock over LF - LF. Recover - RF. 1/4 Turn R step fwd (9:00)
5-6 LF. Step fwd - RF+LF. Pivot 1/2 turn R (3:00)
7&8 LF. Step fwd - RF. Close beside LF - LF. Step fwd

Sec 4: Cross & Kick x2, Step fwd, Pivot 1/2 Turn L, 1/4 Turn L, Together, Touch

1&2& RF. Cross over LF - LF. Step side - RF. Kick diagonal R fwd - RF. Step together
3&4& LF. Cross over RF - RF. Step side - LF. Kick diagonal L fwd - LF. Step together
5-6 RF. Step fwd - RF+LF. Pivot 1/2 turn L (9:00)
7&8 RF. 1/4 Turn R step side - LF. Step together - RF. Touch toe beside LF (6:00)

Sec 5: Out Out, Coaster Step, Rock fwd, Recover with a Sweep, Sailor 1/2 Turn L

1-2 RF. Step Diagonal R fwd (out) - LF. Step side (out)
3&4 RF. Step back - LF. Step together - RF. Step fwd
5-6 LF. Rock fwd - RF. recover and sweep LF from front to back
7&8 LF. 1/2 Turn L Cross behind RF - RF. Step together - LF. Step fwd (12:00)

Sec 6: Rock fwd, Recover, & Together, Walk Back with L,R, Sailor 1/4 Turn R, Step fwd, Pivot 1/2 Turn L

1-2 RF. Rock fwd - LF. Recover
&3-4 RF. Step together - LF. Step back - RF. Step back
5&6 LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step fwd (9:00)
7-8 RF. Step fwd - LF+RF. Pivot 1/2 turn L (3:00)

Start Again

Ending: After the 5th wall (3:00)

1 RF. 1/4 Turn L step side (12:00)

Contact: mvdtoornvrijthoff@gmail.com