

# Getting Good

**COPPER** **KNOB**  
BY SHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Chrystel DURAND (FR) & Séverine Fillion (FR) - November 2019  
音乐: Getting Good - Lauren Alaina



Choreography written for the 15th anniversary of the OK Country Music club on 16 November 2019 in St James (50)

Intro : 4 counts - No Tag, No Restart

## [1-8] SIDE ROCK, BEHIND SIDE CROSS, SIDE, TOGETHER, TRIPLE FWD

1-2            Rock step right to right side, recover weight on left  
3&4           Right cross behind left, left to left, right cross over left  
5-6           Left to left, right step next to left  
7&8           Triple step left – right – left fwd

## [9-16] STEP FWD, 1/2 TURN LEFT, TRIPLE FWD, FULL TURN, TRIPLE FWD

1-2            Right fwd, Turn 1/2 left (weight on left) 6:00  
3&4           Triple step right – left – right fwd  
5-6           1/2 turn right stepping left back, 1/2 turn right stepping right fwd  
7&8           Triple step left – right – left fwd

## [17-24] STEP FWD, 1/4 TURN LEFT, CROSS TRIPLE, SIDE ROCK, COASTER STEP

1-2            Right fwd, Turn 1/4 left (weight on left) 3:00  
3&4           Right cross over left, left to left, right cross over left  
5-6           Rock step left to left side, recover weight on right  
7&8           Left back, right next to left, left fwd

## [25-32] HEEL STRUT & HEEL STRUT & ROCKING CHAIR

1-2            Right heel fwd, drop right toe on the floor  
&              Left ball next to right  
3-4            Right heel fwd, drop right toe on the floor  
&              Left ball next to right  
5-6            Rock step right fwd, recover weight on left  
7-8            Rock back on right, recover weight on left

ENJOY & HAVE FUN !