

Anytime Cha

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 1
编舞者: Laurie Kuzmik - November 2019
音乐: Any Cha Cha Rhythm

级数: Absolute Beginner



No Tags, No Restarts

R TOE HEEL, R CHA CHA CHA, L TOE HEEL, L CHA CHA CHA

1-2 R toe angled toward left foot, R heel to the front
3&4 Cha cha cha in place, R, L, R
5-6 L toe angled toward right foot, L heel to the front
7&8 Cha cha cha in place, L, R, L

TWO 1/2 TURN PIVOTS LEFT, WALK FORWARD R, L, R, L

1-2 ** Step forward R, 1/2 turn pivot L to back wall
3-4 ** Step forward R, 1/2 turn pivot L to front wall
5-8 Walk forward R, L, R, L

**Variation: substitute a R rocking chair

1-2 Rock R forward, recover L
3-4 Rock R back, recover L

STOMP R 2X, R CHA CHA CHA, STOMP L 2X, L CHA CHA CHA

1-2 Stomp R foot twice
3&4 Cha cha cha back, R, L, R
5-6 Stomp L foot twice
7&8 Cha cha cha back, L, R, L

TWO 1/2 TURN PIVOTS LEFT, MAMBO R, MAMBO L

1-2 ** Step forward R, 1/2 turn pivot L to back wall
3-4 ** Step forward R, 1/2 turn pivot L to front wall
5&6 Mambo to the right, R, L, R
7&8 Mambo to the left, L, R, L

**Variation: substitute a R rocking chair

1-2 Rock R forward, recover L
3-4 Rock R back, recover L

REPEAT