

Take Me Dancin'

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Tim Gauci (AUS) - March 2019
音乐: Wake Me up Before You Go-Go - The Overtones : (Album: Throwback Covers)



Begin dance on lyrics 32 beats in. Sequence below.

[1-8] SIDE STRUT, CROSS STRUT, SIDE SHUFFLE, ROCK BACK, REPLACE

1234 Touch R toe to R side, press R heel to floor (side strut), cross L toe over R, press L heel to floor (cross strut) 12.00
5&678 Shuffle R to R side (RLR), step L back behind R, rock weight fwd onto R 12.00

[9-16] SIDE, BEHIND, SIDE, CROSS, SIDE SHUFFLE, ROCK BACK, REPLACE

1234 Step L to L, step R behind L, step L to L, step R over L, 12.00
5&678 Shuffle L to L side (LRL), step R back behind L, rock weight fwd onto L 12.00

[17-24] SIDE, BEHIND, ¼, SCUFF, ROCKING CHAIR

1234 Step R to R, step L behind R, making ¼ turn R step R fwd, scuff L fwd 3.00
5678 Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R 3.00

[25-32] PADDLE ¼, PADDLE ¼, TOE STRUT, TOE STRUT (TRAVEL FWD)

1234 Step L fwd, paddle ¼ turn R, step L fwd, paddle ¼ turn R 9.00
5678 Touch L toe fwd, press L heel to floor, touch R toe fwd, press R heel to floor 9.00

[33-40] FWD, ROCK, BACK, HITCH, BACK, TOG, CROSS, HOLD

1234 Step L fwd, rock weight back onto R, step L back, hitch R knee 9.00
5678 Step R back, step L tog, cross R over L, hold 9.00

[41-48] SIDE, TOG, CROSS, HOLD, ¼, ½, FWD, SCUFF

1234 Step L to L, step R tog, step L over R, hold 9.00
5678 Making ¼ turn L step R back, making ½ turn L step L fwd, step R fwd, scuff L fwd 12.00

[49-56] ROCKING CHAIR, STEP, PIVOT ½, STEP, HOLD

1234 Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R 12.00
5678 Step L fwd, pivot ½ R, step L fwd, hold 6.00

[57-64] ROCKING CHAIR, STEP, PIVOT ½, STEP, PIVOT ½

1234 Step R fwd, rock weight back onto L, step R back, rock weight fwd onto L** 6.00
5678 Step R fwd, pivot ½ L, step R fwd, pivot ½ L 6.00

[64] Beats - Repeat dance in new direction

Sequence – 64, short tag (6.00), 60**, long tag (12.00), 64, short tag (12.00), 60**, long tag (6.00), 64, short tag (6.00), 64, 64

Short tag (at the end of walls 1, 3, 5) – Stomp R fwd (1), Stomp L tog (2), clap (3), clap (4) – restart dance

Long tag – after beat 60 on walls 2 (restart facing 6.00), and 4 (restart facing 12.00) – add 32 beats

Touch R toe to R side (1), press R heel to floor (2), cross L toe over R (3), press L heel to floor (4), touch R toe to R side (5), press R heel to floor (6), step L back behind R (7), rock weight fwd onto R (8)
Touch L toe to L side (1), press L heel to floor (2), cross R toe over L (3), press R heel to floor (4), touch L toe to L side (5), press L heel to floor (6), step R back behind L (7), rock weight fwd onto L (8)
Step R to R (1), step L tog (2), step R fwd (3), hold (4), step L fwd (5), pivot ½ R (6), step L fwd (7), hold (8)
Step R to R (1), step L tog (2), step R back (3), hitch L knee (4), step L back (5), step R tog (6), cross L over R (7), hold (8)

Enjoy

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