

Jazz Me Up

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Ray Johnson - November 2019
音乐: Jazzie's Groove (Piano Version) - Soul II Soul



Genre: R&B Soul Line Dance

Introduction: Start dance on the 24th COUNT/BEAT
NO TAGS OR RESTARTS

PART I (ROCK R, ROCK L, ROCK R, ROCK L(W/ SOME BOUNCE), R LOCK STEP, L LOCK STEP)

1-2 Step R, Step L
3-4 Step R, Step L
5&6 Step Forward R-L-R(Triple Step)
7&8 Step Forward L-R-L(Triple Step)

PART II (ROCK R, ROCK L, ROCK R, ROCK L(W/SOME BOUNCE) R LOCK STEP, L LOCK STEP)

1-2 Step R, Step L
3-4 Step R, Step L
5&6 Step Forward R-L-R(Triple Step)
7&8 Step Forward L-R-L(Triple Step)

PART III (ROCK FORWARD RECOVER, TRIPLE ½ R , ROCK FORWARD RECOVER,TRIPLE ½ L)

1-2 Step Rf Forward, Recover On Lf
3&4 Step R-L-R(Triple ½ R @ 6:00)
5-6 Step Lf Forward, Recover On Rf
7&8 Step L-R-L(Triple ½ L @12:00)

PART IV (STEP FORWARD R-L, SHUFFLE R, STEP FORWARD L-R, SHUFFLE L)

1-2 Step Rf Up, Step Lf Up Together,
3&4 Step To Side R-L-R
5-6 Step Lf Up, Step Rf Up Together
7&8 Step To Side L-R-L

PART V (RF SAILOR STEP, LF SAILOR STEP, ROCK R-L-R-L (W/ SOME BOUNCE)

1&2 Step Rf Behind Lf(Stepping R-L-R Out)
3&4 Step Lf Behind Rf(Stepping L-R-L Out)
5-6 Step R, Step L
7-8 Step R, Step L

PART VI (STEP RF OUT, STEP LF BEHIND, STEP RF OUT, KICK & X, STEP L-R(1/4 L), COASTER STEP L)

1-2& Step Rf Out, Step Lf Behind, Step Rf Out
3&4 Kick Lf, And X Rf Over Lf
5-6 Step L-R(Making ¼ Turn L)
7&8 Step(Lf Back, Rf Back, Lf Forward) Or L-R-L

START DANCE AGAIN