We Are One



拍数: 32 墙数: 4 级数: Beginner

编舞者: Enola Lewis (AUS) - November 2019 音乐: We Are One - Hootie & The Blowfish



Music: Available on iTunes

Weight on Left, Starts quickly, on the word "ONE" Turning CW

[1-8] RUMBA BOX WITH HOLDS,

Step right to side, Left beside right, Step right forward, HoldStep left to side, Right beside left, Step left back, Hold

[9-16] ROCK BACK, RECOVER, STEP, 1/4 TURN LEFT, ROCK BACK, RECOVER, STEP, 1/4 TURN RIGHT,

1-4 Rock right back, Recover, Step right forward, 1/4 turn left place weight on right, (9.00)
5-8 Rock left back, Recover, Step left forward, 1/4 turn right place weight on left, (12:00)

[17-24] WEAVE LEFT, SWEEP LEFT FORWARD, WEAVE RIGHT, SWEEP RIGHT BACK,

1-4 Right behind left, Left to side, Right across left, Sweep left forward,
5-8 Cross left over right, Right to side, Left behind right, Sweep right back,

[25-32] RIGHT BEHIND, LEFT SIDE, STEP ACROSS, TAP BEHIND, STEP BACK, 1/4 RIGHT, LEFT FORWARD, TOUCH,

1-4 Right behind left, Step left to side, Cross right over left, Tap left behind right,

5-8 Step back onto left, 1/4 turn right stepping right forward, (3.00) Step left forward, Touch right

beside left, (3.00)

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