

The Man With The BAG!

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Val Saari (CAN) - November 2019
音乐: Man with the Bag - Jessie J



TOE-STRUT V-STEP BACK

1-2 Touch RF toe to the right side, Step heel down
3-4 Touch LF toe to the left side, Step heel down
5-6 Touch RF toe behind to centre, Step heel down
7-8 Touch LF toe beside R, Step heel down

SYNCOPATED OUT-OUT-IN-IN, SIDE TOUCHES RL

&1-2 Step RF right (&), Step LF left (1), Snap fingers
&3-4 Step RF left (&), Step LF together (4), Snap fingers
5-6 Step RF to right, Touch LF beside R (optional shoulder shimmies)
7-8 Step LF to left, Touch RF beside L (optional shoulder shimmies)

FWD TOE-STRUT TWISTS RLRL 1/4 TURN R (ARC PATTERN)

1-2 Touch RF toes diagonally forward (2:00), Step heel down back to centre
3-4 Touch LF toe diagonally forward (10:00), Step heel down back to centre
5-6 Touch RF toes diagonally forward (2:00), Step heel down back to centre
7-8 Touch LF toe diagonally forward (10:00), Step heel down back to centre

STEP BACK/KICK RLRL

1-2 Step RF back, Kick LF forward
3-4 Step LF back, Kick RF forward
5-6 Step RF back, Kick LF forward
7-8 Step LF back, Kick RF forward

TAG: 4 counts following Wall 6

FULL CROSS UNWIND

1-4 Cross right over left, Unwind full turn left

OR for an easier version use optional:

SYNCOPATED OUT-OUT-IN-IN

&1-2 Step RF right (&), Step LF left (1), Snap fingers
&3-4 Step RF left (&), Step LF together (4), Snap fingers

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027