

Settling Down

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nelly Billes (DE) - November 2019
音乐: Settling Down - Miranda Lambert



No Tag. No Restart.

SECTION 1:

1 - 4 DIAGONAL STEP (right foot) - LOCK (left foot) - STEP (right foot) - FLICK (left foot)
5 - 6 1/2 RIGHT TURN - STEP BACK (left foot) - HOOK (right foot)
7 - 8 STEP FORWARD (right foot) - FLICK (left foot)

SECTION 2:

1 - 4 DIAGONAL STEP (left foot) - LOCK (right foot) - STEP (left foot) - HOLD
5 - 8 JAZZ BOX with 1/4 RIGHT TURN (last step forward with the left foot)

SECTION 3:

1 - 2 POINT (Touch right toe tip to the right) - STEP FORWARD (right foot)
3 - 4 POINT (Touch left toe tip to the left) - STEP FORWARD (left foot)
5 - 6 ROCK STEP FORWARD (right foot)
7 - 8 1/2 RIGHT TURN - STEP FORWARD (right foot) - HOLD

SECTION 4:

1 - 2 LEFT ROCK STEP (left foot)
3 - 4 STEP FORWARD (left foot) - HOLD
5 - 6 1/2 LEFT TURN - STEP BACK (right foot) - HOLD
7 - 8 1/2 LEFT TURN - STEP FORWARD (left foot) - HOLD

Have fun, enjoy the dance and do not forget to smile!
