

# J'ai Du Boogie Contra

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Absolute Beginner - Contra  
编舞者: Helaine Norman (USA) - November 2019  
音乐: J'ai Du Boogie - Scooter Lee



## I. KICK X2, ROCK RECOVER; KICK X2, ROCK RECOVER

1-2      Kick right x2  
3-4      Rock right back, recover to left forward  
5-8      Repeat 1-4

## II. LOCK STEP WITH HITCH TWICE

1-4      Step right forward, lock left behind right, step right forward, scuff left forward  
5-8      Step left forward, lock right behind left, step left forward, scuff right forward

**Optional for 1-8: Shuffles with hitches (or scoots with hitches)**

## III. ¼ PIVOT TURN TWICE

1-4      Step right forward, pivot on right making ¼ turn weight to left 9:00  
5-8      Repeat 1-4 6:00

**Optional for 1-8: Walk right, left, right, step left together (making ½ turn left) 6:00**

## IV. TWIVELS

1      Twist both heels to right  
2      Twist both toes to right  
3      Twist both heels to right  
4      Hold  
5      Twist both heels to left  
6      Twist both toes to left  
7      Twist both heels to left  
8      Hold

**Optional styling for 4 and 8: Claps with holds**

**Optional for 1-8:**

1-4      Step right side, step left together, step right side, touch left together  
5-8      Step left side, step right together, step left side, touch right together

**Repeat**

E-mail: [helaine43@gmail.com](mailto:helaine43@gmail.com)

Last Update: 15 Jan 2023

---