

Blame It On Your Heart

拍数: 40 墙数: 4 级数: High Beginner
编舞者: Antoinette Claassens (NL) - November 2019
音乐: Blame It on Your Heart - The Mavericks



Intro: 16 counts starting on the beat

Side mambo cross R + L, paddle turn 4x 1/4 turn L

1 & 2 RF rock R side, recover on LF RF cross over
3 & 4 LF rock L side, recover on RF LF cross over
5 & RF tap ¼ turn L to R side Recover on LF
6 & RF tap ¼ turn L to R side Recover on LF
7 & RF tap ¼ turn L to R side Recover on LF
8 & RF tap ¼ turn L to R side, Recover on LF

Vaudeville R + L, step, pivot ½ turn L, step, step, pivot 1/2 turn R, step

1 & RF cross over – LF step aside
2 & R Heel touch diag. fwd – RF close
3 & LF cross over – RF step aside
4 & L Heel touch diag. fwd – LF close
5 & 6 RF step fwd – RF+LF turn ½ L, RF step fwd
7 & 8 LF step fwd – LF+RF turn ½ R, LF step fwd

Shuffle fwd, step, pivot 1/4 turn R, cross over, step side, touch, step side, touch, Chassé R, LF touch next to RF

1 & 2 RF step fwd – LF close - RF step fwd
3 & 4 LF step fwd – LF+RF turn 1/4 R - LF cross over
5 & RF step aside – LF touch
6 & LF step aside – RF touch
7 & RF step aside – LF close
8 & RF step aside – LF touch

Step side, touch, step side, touch, chassé L, touch, Heel, hook, heel, hitch, coaster step

1 & LF step aside – RF touch
2 & RF step aside – LF touch
3 & LF step aside – RF close
4 & LF step aside – RF touch
5 & R heel touch fwd – RF hook across L leg
6 & R Heel touch fwd – R knee hitch
7 & 8 RF step back – LF close - RF step fwd

Heel, hook, heel, hitch, coaster step, mambo fwd, mambo back

1 & L Heel touch fwd – LF hook across R leg
2 & L heel touch fwd – L knee hitch
3 & 4 LF step back – RF close - LF step fwd
5 & 6 RF rock fwd – recover on LF - RF small step back
7 & 8 LF rock back – recover on RF - LF small step fwd

Start over again

Restarts: Dance the 3rd wall [6] & 6th wall [12] unto count 8 of the second session and start over.

Finish: Dance the 8th wall unto count 7 [9] of the second session and finish with:

& 8 LF+RF turn 1/4 R, LF cross over [12]

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