

Heelyd Speelyd

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Heidi Cronjé (SA) - July 2019
音乐: Heelyd Speelyd by Desmond Wells (Future House Remix) (02:47)



Intro: 32 counts (Start on lyrics)

SECTION 1: R KICK BALL CHANGE X 2, R VINE, TOUCH

1&2 Kick R fwd, Step R together (ball), Step L in place
3&4 Repeat counts 1&2
5-8 Step R side, Cross L behind R, Step R side, Touch L next to R

SECTION 2: L KICK BALL CHANGE X 2, 1/4 L VINE, SCUFF

1&2 Kick L fwd, Step L together (ball), Step R in place
3&4 Repeat counts 1&2
5-8 Step L side, Cross R behind L, Turn 1/4 L and step L fwd, Scuff R (09:00)

SECTION 3: JAZZ BOX, FWD SHUFFLE, FWD ROCK, RECOVER

1-4 Cross R over L, Step L back, Step R side, Step L fwd
5&6 Step R fwd, Step L together, Step R fwd
7-8 Rock L fwd, Recover R

SECTION 4: BACK SHUFFLE, BACK ROCK, RECOVER, MONTEREY 1/2 TURN R, POINT, TOGETHER

1&2 Step L back, Step R together, Step L back
3-4 Rock R back, Recover L
5-6 Point R side, Turn 1/2 R on ball of L and step R together (03:00)
7-8 Point L side, Step L together

Start Again. Have fun and Enjoy!

Tag 1: End of Wall 1 (03:00) & 4 (12:00)

8C: R Shuffle, Back Rock, Recover, L Shuffle, Back Rock, Recover

Tag 2: End of Wall 3 (09:00)

16C: Do tag 1 twice

Tag 3: End of Wall 6 (06:00)

4C: Stomp R, L, R, L

Ending: End of wall 9 (03:00)

1/2 R Monterey turn, 1/4 R Monterey turn to face front

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