

# Get Some Moves

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Amanda Williamson (UK) - November 2019  
音乐: Moves - Hot Shade, Mika Zibanejad & Mike Perry : (Album: Moves)



## **S1: ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER CROSS SHUFFLE**

1-2      Rock right out to right side, recover weight onto left  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Rock left out to left side, recover weight onto right  
7&8      Cross left over right, step right to right side, cross right over left

## **S2: SIDE TOGETHER, SHUFFLE FORWARD, SIDE TOGETHER SHUFFLE BACK**

1-2      Step right to right side, close left next to right  
3&4      Step right forward, close left next to right, step right forward  
5-6      Step left to left side, close right left to next  
7&8      Step left back, close right next to left, step left back

## **S3: BACK HITCH, BACK HITCH, COASTER STEP, STEP QUARTER TURN**

1-2      Step back on right, hitch left  
3-4      Step back on left, hitch right  
5&6      Step back on right, step left next to right, step forward on right  
7-8      Step forward on left, make quarter turn right stepping right to right side [3.00]

## **S4: CROSS POINT, CROSS POINT, CROSS, BACK, TOGETHER, HEEL SPLIT**

1-2      Cross left over right, point right to right side  
3-4      Cross right over left, point left to left side  
5-6      Cross left over right, step back on right  
7&8      Step left next to right, swivel both heels out, swivel both heels back together

**No Tags, No Restarts, no silly nonsense. YAY! Just dance and enjoy!**

**Last Update - 9 Nov. 2019**

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